

The example below assumes that you enter Seattle University with junior standing (90 credits), have earned a transferable associate degree, and have successfully completed an equivalent to the following:

Seattle University Course Number and Title	Washington State Community College Common Course Number
Language 1150, 1250, and 1350	Foreign Language or ASL 121, 122 and 123 or demonstrated proficiency
ECON 2130 Principles of Economics – Macro	ECON 202

Visit the Transfer Equivalency Guide on the Transfer Tools site for more information on how your credits may transfer to SU: <https://www.seattleu.edu/registrar/transfer-tools/>. Some courses not listed on the Transfer Equivalency Guide may still transfer to SU. For courses not found on this tool, compare course descriptions with SU's course catalog to determine equivalent courses at your college/university: <http://catalog.seattleu.edu/>

This is a sample and not the only way to complete this plan. Number of credits are in parentheses. \*Some classes have prerequisites.

### Year 3

	Fall	Winter	Spring
Course 1	UCOR Module II* (5)	UCOR Module II* (5)	INST 2300 Introduction to Comparative Politics (5)
Course 2	INST 2100 World Geography (5)	INST 2000 Global Cultural Citizenship (5)	INST 3800 Research in International Studies (5)
Course 3	Language 2150* (5)	Language 2250* (5)	Language 2350* (5)

#### Steps for Success

- Meet with your Academic Advisor
- Meet with Career Engagement Office
- Submit Course Plan for approval via MySeattleU

### Year 4

	Fall	Winter	Spring
Course 1	Study Abroad: 15 quarter credits or equivalent semester credits of INST Electives, including at least 5 credits NWH designated elective	HIST 2010 Workshop in World History (5)	UCOR Module II* (5)
Course 2		INST 2600 Introduction to International Politics (5)	UCOR Module III* (5)
Course 3		INST 4900 Senior Capstone* (5)	UCOR Module III* (5)

#### Steps for Success

- Meet with Advisor for Senior Graduation Check
- Apply for Graduation
- Continue Post Graduation Planning

## University Core Requirements

UCOR classes are listed in the sample plan as Module I, II, and III. See below for UCOR course titles listed by Module. See [my.seattleu.edu](http://my.seattleu.edu) for prerequisites and [www.seattleu.edu/core](http://www.seattleu.edu/core) for course descriptions. Honors and Matteo Ricci students have different Core requirements.

### Module I

Module I satisfied with DTA

~~UCOR 1100 Academic Writing Seminar~~

~~UCOR 1200 Quantitative Thinking~~

~~UCOR 1300 Creative Expression & Interpretation~~

~~UCOR 1400 Inquiry Seminar in the Humanities~~

~~UCOR 1600 Inquiry Seminar in the Social Sciences~~

~~UCOR 1800 Inquiry Seminar in the Natural Sciences~~

### Module II

~~UCOR 2900 Theological Expressions~~

~~UCOR 2500 Philosophy of the Human Person~~

~~UCOR 2900 Ethical Reasoning~~

### Module III

~~UCOR 3100 Religion in a Global Context (satisfied with DTA)~~

~~UCOR 3400 Humanities and Global Challenges~~

~~UCOR 3800 Natural Sciences and Global Challenges~~

## Degree Requirements

- Total Credits Required for Degree: 180
- Credits in Core: 60
- Credits in College: 20
  - HIST 1200, 1210 or 2310 - INST majors required to take HIST 1210
  - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- Credits in major: 70
- GPA cumulative minimum: 2.0
- GPA major minimum: 2.0

## Resources for Success

- Map out your own plan through [My.SeattleU.edu](http://My.SeattleU.edu)
- Meet with a Career Advisor from the [Career Engagement Office](#)
- Sign up for academic support with [Learning Assistance Programs](#)
- Explore career options at the [“What Can I Do With This Major” page](#)
- Learn more about academic advising on the [Advising Services page](#)

## Curriculum Notes

- The INST major requires a learning program in a country other than the U.S. An acceptable study abroad experience for the INST major includes a minimum of 15 quarter credits, or the equivalent in semester credits, provided that the student meets full-time status in the chosen study abroad program. This requirement may be waived due to Covid-19 restrictions.
- Students educated to the age of 16 in schools outside the United States may request a waiver of the INST study abroad requirement.
- INST Electives: Choose a total of 15 credits of approved electives as found in the Course Catalog and listed on the INST department website, in consultation with your academic advisor. At least 5 of these 15 elective credits must have a Non-Western Humanities designation (NWH).
- Students who place out of a second year of language (2000-level) must take 15 credits of INST major electives.



Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes. Contact your Advising Center for support.

Arts & Sciences Advising  
[ASCAdvising@seattleu.edu](mailto:ASCAdvising@seattleu.edu)

Seattle U Advising Services  
<http://www.seattleu.edu/advising>