

The example below assumes that you enter Seattle University with junior standing (90 credits), have earned a transferable associate degree, and have successfully completed an equivalent to the following:

Seattle University Course Number and Title	Washington State Community College Common Course Number
Language 1150, 1250, and 1350	Foreign Language or ASL 121, 122 and 123 or demonstrated proficiency
PSYC 1200 Introductory Psychology	PSYC 100
HIST 1200, 1210, or 2310	HIST 126, 127, 128, 136, 137, 146, 147 or 148

Visit the Transfer Equivalency Guide on the Transfer Tools site for more information on how your credits may transfer to SU:

<https://www.seattleu.edu/registrar/transfer-tools/>. Some courses not listed on the Transfer Equivalency Guide may still transfer to SU. For courses not found on this tool, compare course descriptions with SU's course catalog to determine equivalent courses at your college/university:

<http://catalog.seattleu.edu/>

This is a sample and not the only way to complete this plan. Number of credits are in parentheses. *Some classes have prerequisites.

Year 3

	Fall	Winter	Spring
Course 1	UCOR Module II* (5)	UCOR Module II* (5)	UCOR Module II* (5)
Course 2	UCOR Module III* (5)	PSYC 2050 Writing for Research in Psychology* (5)	PSYC 2400 Biopsychology* (5)
Course 3	PSYC Elective* (5)	PSYC 3440* or General Elective (5)	PSYC 3040* or PSYC 4160* (5)

Steps for Success

- Meet with your Faculty Advisor
- Meet with Career Engagement Office
- Create plan in Student Planning

Year 4

	Fall	Winter	Spring
Course 1	PSYC 3030 Statistics and Research Methods I* (7)	PSYC 3050 Statistics and Research Methods II* (8)	PSYC 4030 Advanced Stats and Experimental Design (5)
Course 2	PSYC Elective* (5)	PSYC Elective* (5)	PSYC 4890 Senior Seminar * (5)
Course 3	PSYC 3700 History & Schools of Psych* (5)		PSYC 3040* or PSYC 4160*. If you have already completed one of these AND completed PSYC 3440, then take General Elective (5)

Steps for Success

- Meet with Faculty Advisor for Senior Graduation Check
- Apply for Graduation
- Continue Post Graduation Planning

University Core Requirements

UCOR classes are listed in the sample plan as Module I, II, and III. See below for UCOR course titles listed by Module. See my.seattleu.edu for prerequisites and www.seattleu.edu/core for course descriptions. Honors and Matteo Ricci students have different Core requirements.

Module I

UCOR 1100 Academic Writing Seminar

UCOR 1200 Quantitative Thinking

UCOR 1300 Creative Expression & Interpretation

UCOR 1400 Inquiry Seminar in the Humanities

UCOR 1600 Inquiry Seminar in the Social Sciences

UCOR 1800 Inquiry Seminar in the Natural Sciences

Module II

UCOR 2100 Theological Explorations

UCOR 2500 Philosophy of the Human Person

UCOR 2900 Ethical Reasoning

Module III

UCOR 3100 Religion in a Global Context

UCOR 3400 Humanities and Global Challenges *OR*

UCOR 3800 Natural Sciences and Global Challenges

Degree Requirements

- Total Credits Required for Degree: 180
- Credits in Core: 60
- Credits in College: 20
 - HIST 1200, 1210 or 2310
 - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- Credits in major: 70
- GPA cumulative minimum: 2.0
- GPA major minimum: 2.0

Resources for Success

- Map out your own plan through My.SeattleU.edu
- Meet with a Career Advisor from the [Career Engagement Office](#)
- Sign up for academic support with [Learning Assistance Programs](#)
- Explore career options at the ["What Can I Do With This Major" page](#)
- Learn more about academic advising on the [Advising Services page](#)

Curriculum Notes

- Entry into the major requires a 2.75 grade point average.
- All majors must obtain a minimum grade of C (2.00) in PSYC 1200, 2050, 2400, 3030, 3050, 3700, 4030, and 4890, and in the two electives selected from PSYC 3040, 3440, and 4160.
- It is up to you to choose which two classes to take out of these 3 PSYC options, but you have to take two of them: PSYC 3440 Cognitive Psych (Offered WQ), PSYC 3040 Bio Basis of Learning (Offered SQ), PSYC 4160 Health Psych (Offered SQ).
- No more than 10 total credit hours of independent study and/or practicum are permitted. Up to 10 credits of courses graded CR may apply towards major.
- All majors must complete at least 30 credits in the major at SU. PSYC 2050, 2030, 3050, 4030, and 4890 must be completed at SU.
- PSYC 2050 must be taken by spring of junior year and before PSYC 3030, 3050, 3700, and 4890.



Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes. Contact your Advising Center for support.

Arts & Sciences Advising
ASCAdvising@seattleu.edu

Seattle U Advising Services
<http://www.seattleu.edu/advising>