

PLANTINGDESIGN FORARESILIENT FUTURE



We believe plants are essential to creating a healthy and resilient future through intentional design.

# BENEFITS PROVIDED BY PLANTS COMPONENTS OF AN EQUITABLE CITY PHYSICAL COMFORT PHYSICAL COMFORT PSYCHOLOGICALHEALTH HABITAT FOR ALL PSYCHOLOGICAL HEALTH HEALTHY FOOD CLEAN AIR & WATER HABITAT FOR ALL **DESIGN** mil las

Enivironmental Services of Plants

"the benefits people obtain from ecosystems" - Millennium Ecosystem Assessment (2006)

-cleanair, water, and soil

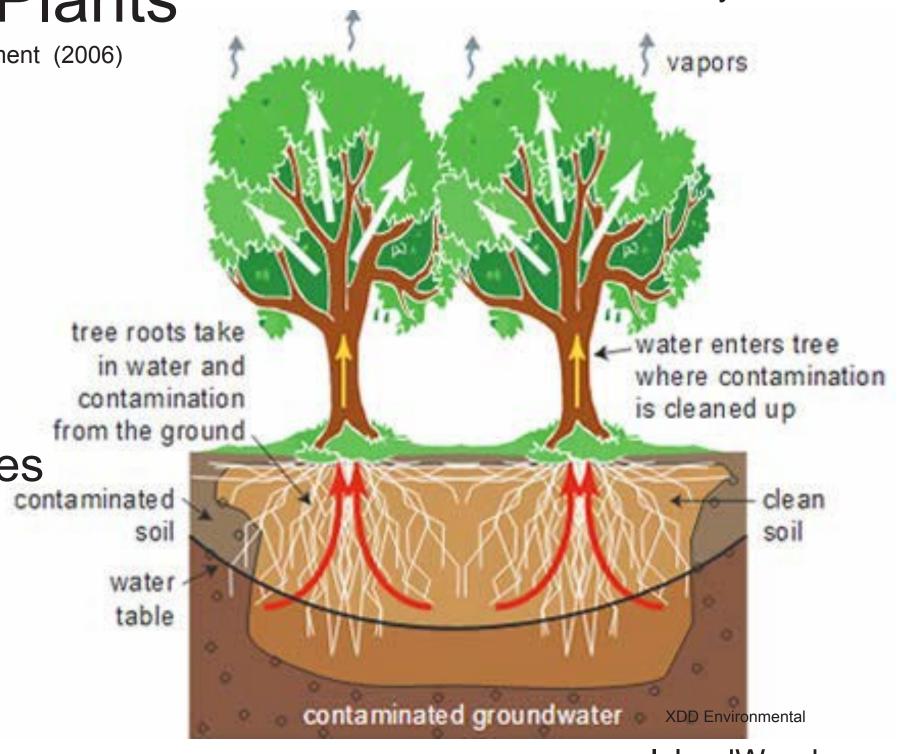
-climate regulation

-ecosystem support

-production and regulation of resources

-theraputiceffects and treatments

- recreation and education
- habitat
- equitable environments
- and many more...





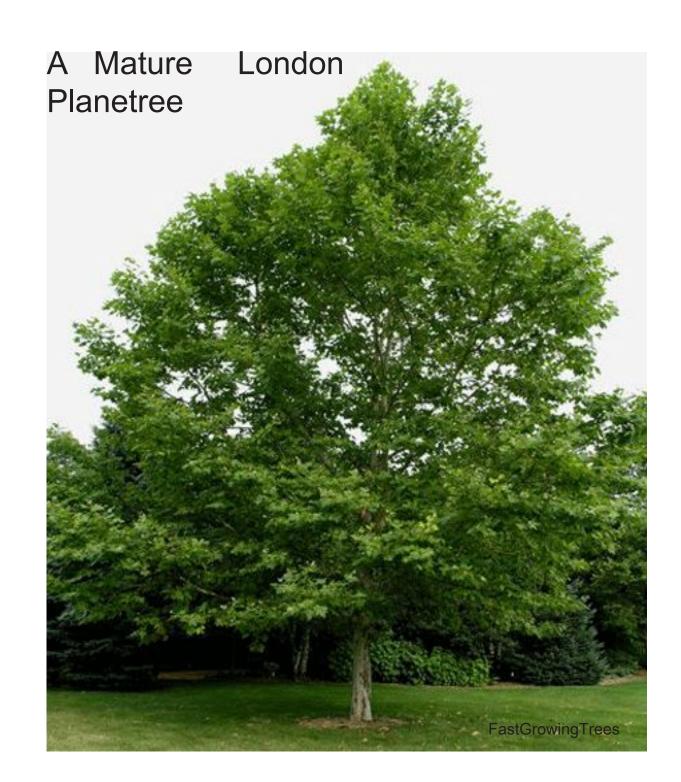


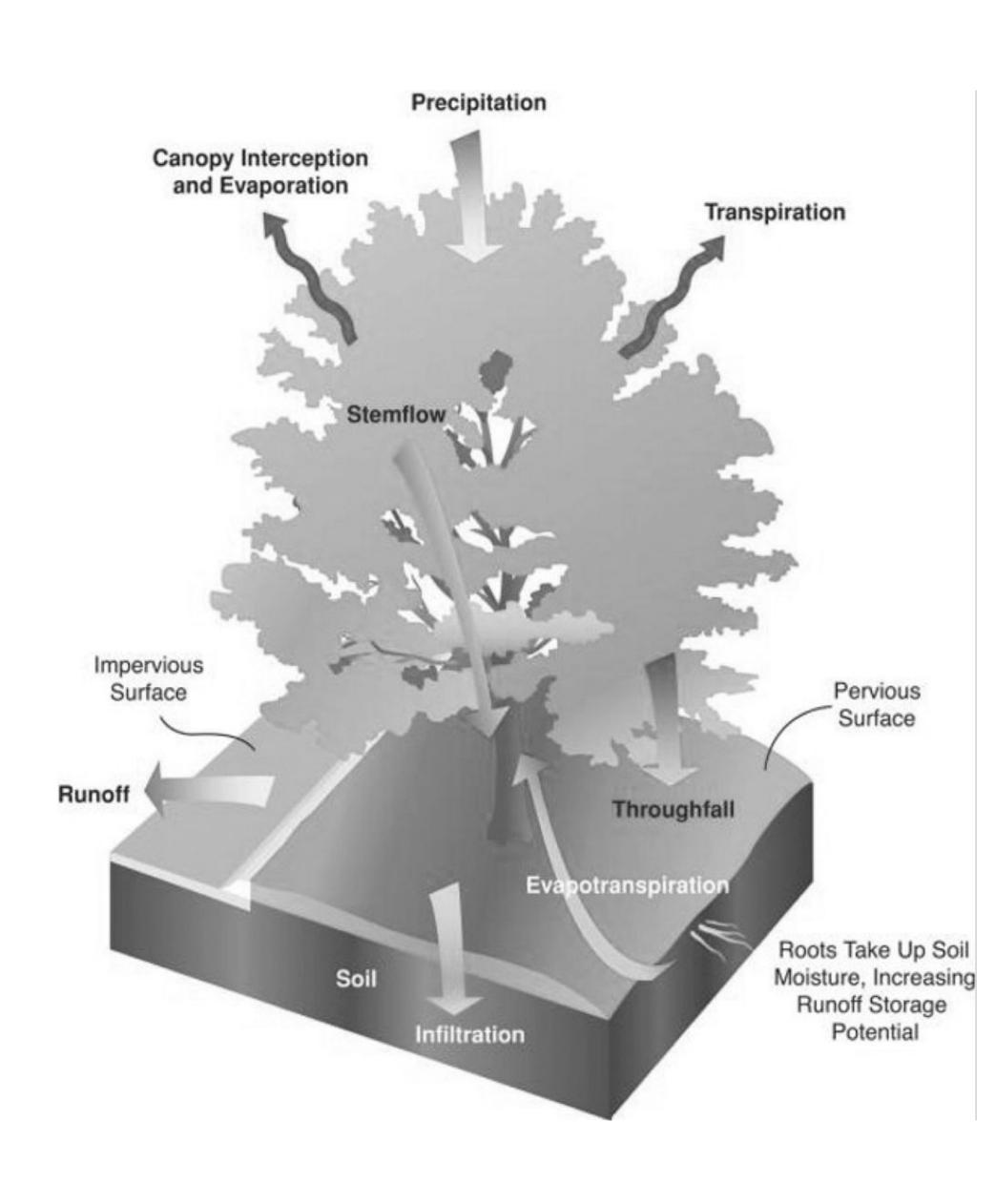
# Benefits of a Single Street Tree

One 20 inch diameter (roughly 33 year old) London Planetree can

-intercepts 1,526 gallons of stormwaterrunoff per year

-reduces atmospheric carbon by 595 pounds.







# Benefits of an Urban Forest

- -provides (+)\$150 in environmental benefits per tree every year
- -Trees sequester carbon as they grow
- -More carbon is sequestered as trees mature
- -Clean polluted city air and water
- -Storeand use pollutants that aredamaging to human health
- -Increase property values

# Canopy Cover and Environmental Benefits

-Current Canopy Cover (2016): 4.35 million trees and tree-like shrubs and 28% cover canopy

- neighborhoods with as little as 5%canopy -Some cover
- Many aging, diseased, or damaged trees
- Canopy

Goals:

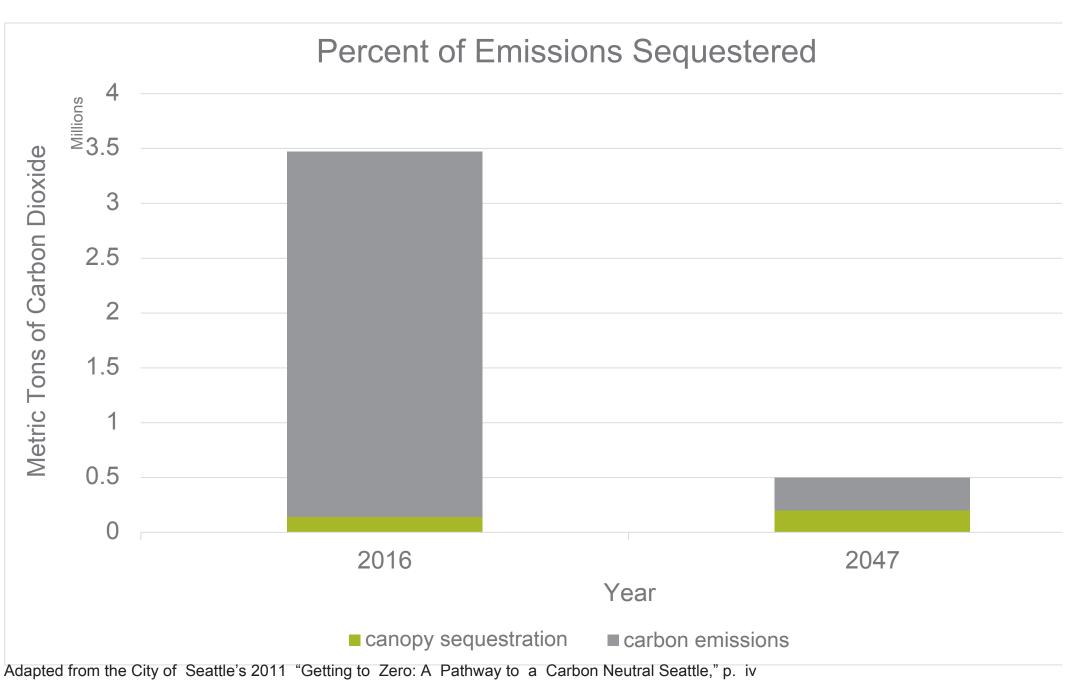
30% by

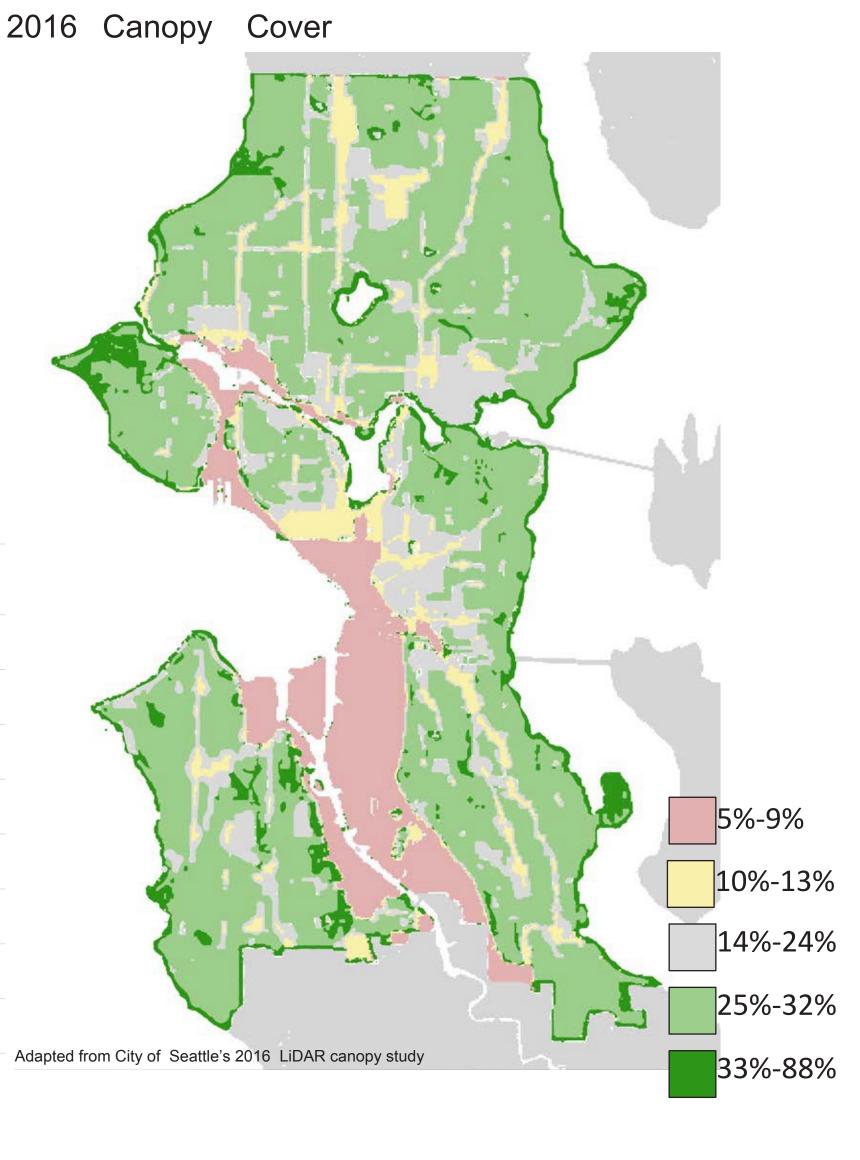
2037

- 40% by

2047

Whereshouldthese new trees be planted?







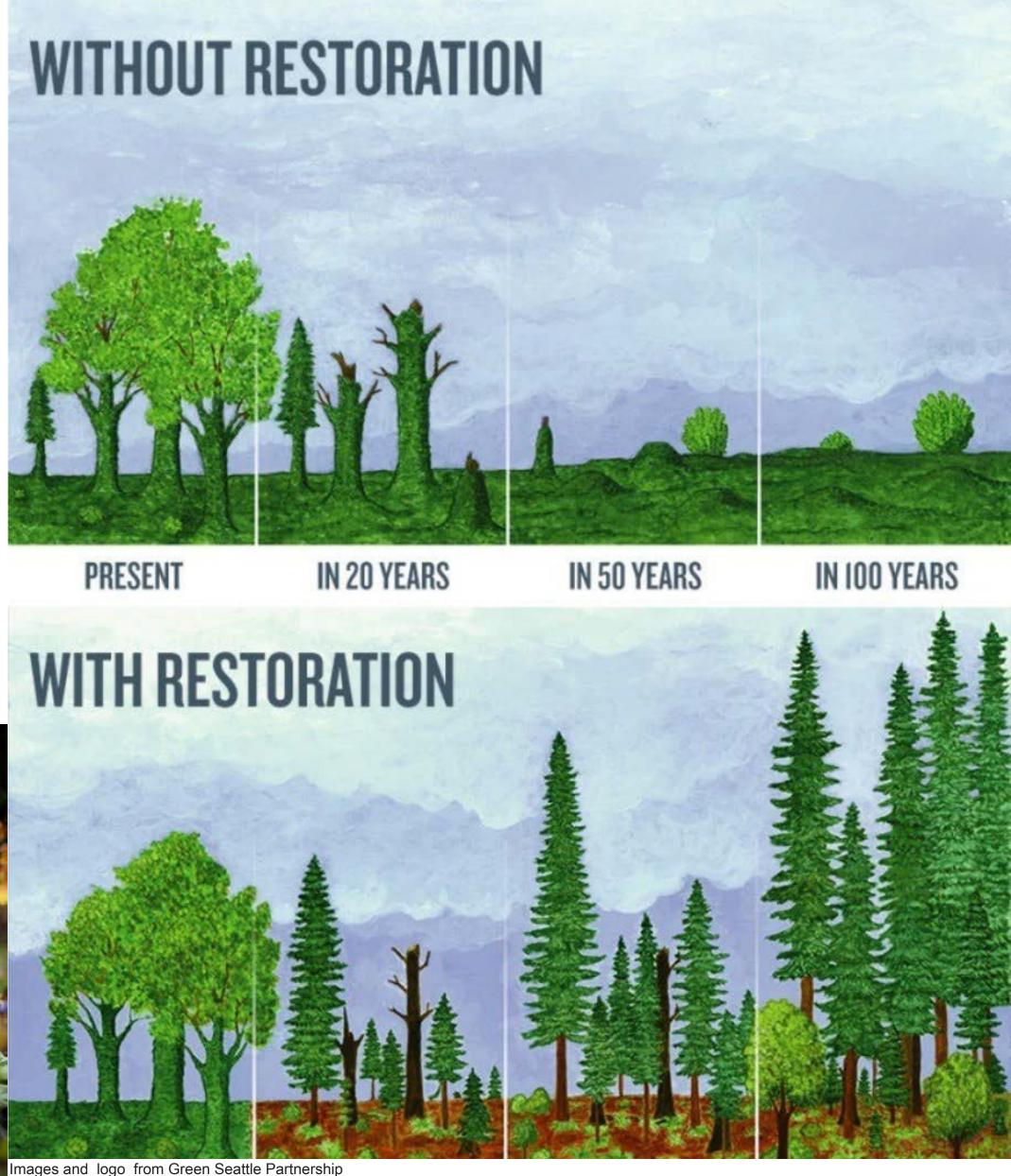
A partnership between the City of Seattle, Forterra, and community organizations

# Restoring, renewing, and creating Seattle Parks by:

- removing invasive species and pollutants
- replacing diseased, dead, and dying trees
- replacing and adding additional plants and trees
- engaging community volunteers and partners

- help meet maintinance and funding needs





## Seattle Green Partnership Enables Everyone

Every year, Seattle parks provide:

- million dollarsbenefit in stormwater management
- \$195,000 of air cleaning services
- 15% increase in adjacent property values
- with the natural - connections environment

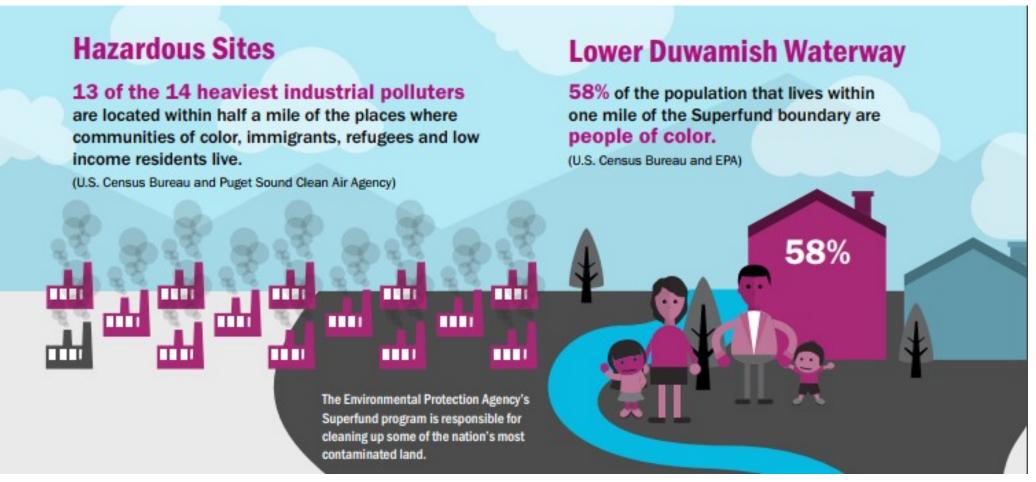




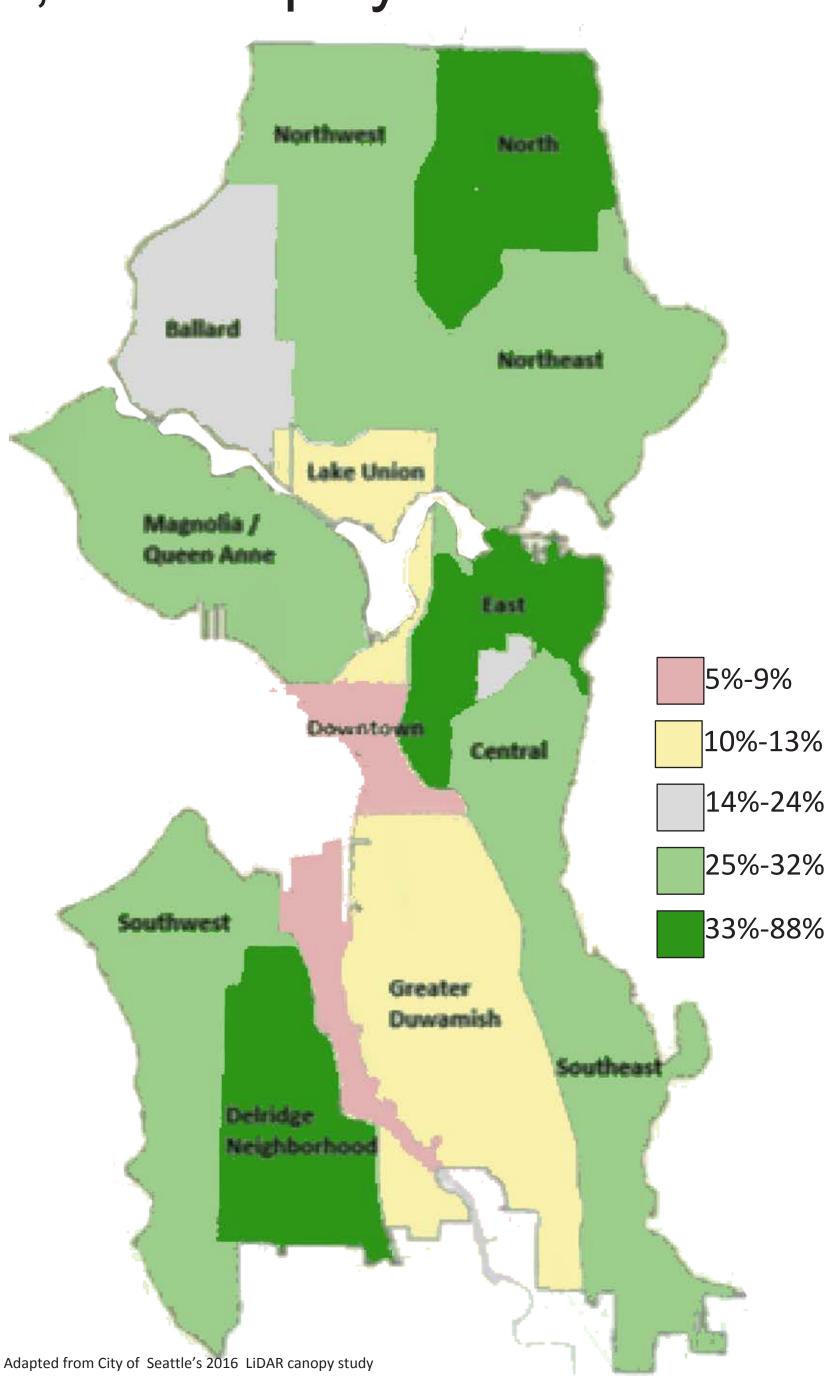
## Canopy Cover, Nature, and Equity

# Neighborhoods with the least canopy cover are:

- -Lower income, greater diversity
- -adjacent to industrial areas with heavy pollutants near residential neighborhodds
- -have limited access to green space
- -theseneighborhoods areoften notwhere trees arebeing planted
- People of Georgetown have an life expectancy 8 years shorter than Seattle's average due to environmental health factors.



From the City of Seattle's "Equity and Environment Agenda," p.7 and Duwamish Valley Cumulative Health Impacts Analysis: Seattle, Washington

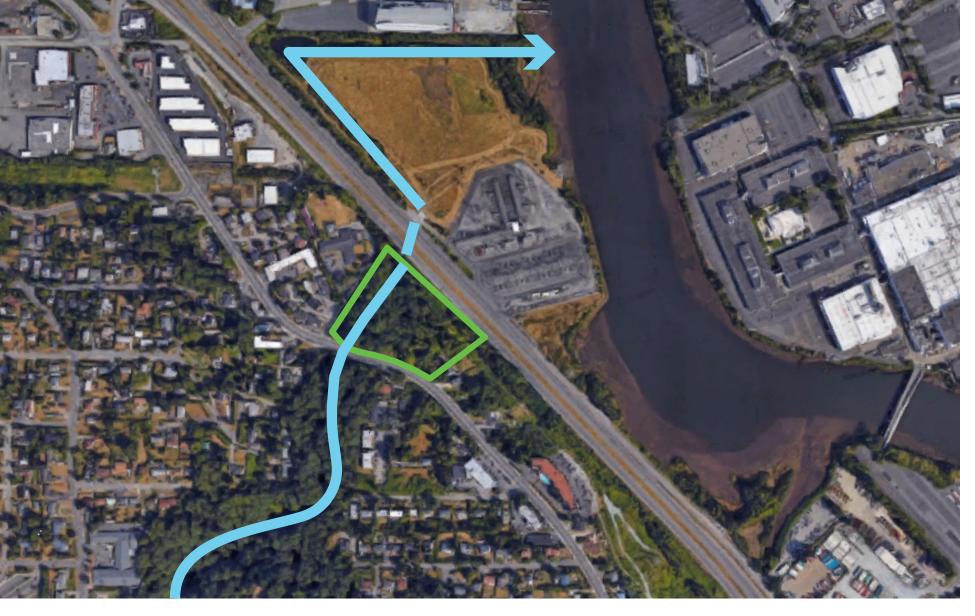


### Hamm Creek: Point Rediscovery

- Habitat
- Ecological Restoration
- Equity
- -JobTraining
- Community Building
- -Education

Restoring people through ecological restoration





- John Beal started to restore Hamm Creek in the 1980's
- Hamm Creek is a salmon bearing tributary of the Duwamish River
- Pt. Rediscovery is a parcel owned by Seattle Public Utilities and funded through WaterWorks Grant Program









- DIRTCorps is contracted to restore the site by removing invasives and planting native plants to improve habitat. -Volunteers and workers learn about the hydrology, native floraand fauna, and environmental stewardship strategies.





## DIRT Corps

Duwamish Infrastructure Restoration Training Corps

- -Provides green job training and experience in the South Seattle area, specifically for women, people of color, LGBQ+, and veterans.
- -Projects focus on ecological restoration and green infrastructure, and urban forestry near the Duwamish.

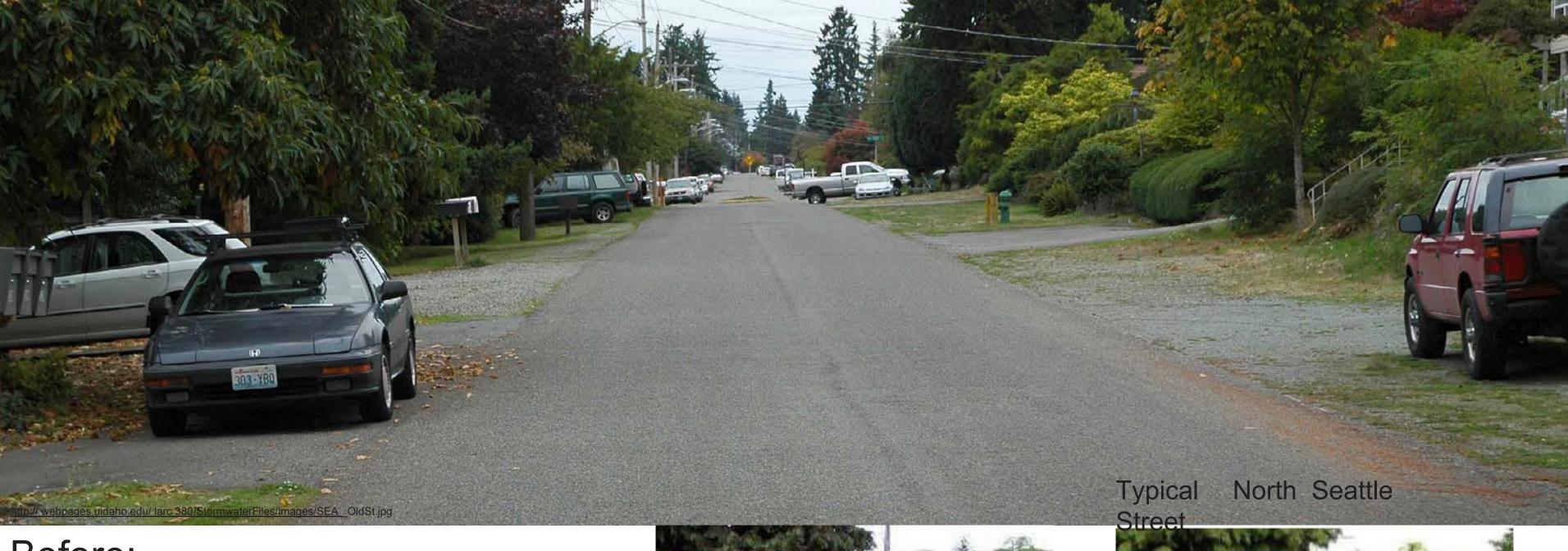
## SEA Streets - North Seattle

Seattle Public Utilities

- Stormwater
- Water quality
- Habitat
- Traf fic Flow
- Depaving
- Community Engagement







### Before:

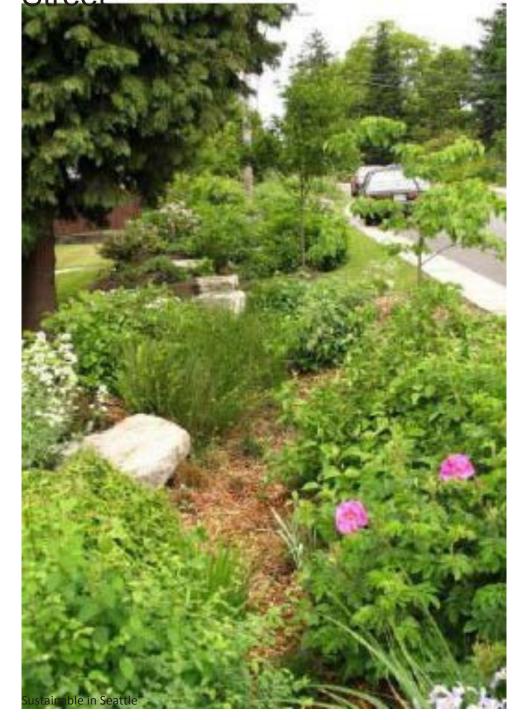
- -asphalt streets
- -erosion and water quality problems in Piper's Creek
- -fast traffic flow

### After

- -narrowed, curved streets allow slower traffic flow
- -stormwater flows into bioswales
- -plants prevent erosion and clean pollutants
- -improves salmon habitat in Piper's Creek
- -porous paving- sidewalks added



2004 right after planting



2006 maturing vegitation









- 25% less expensive than traditional roadside treatment
- Increased property values
- mature trees perserved
- native, salmon-friendly species planted



- Healing
- Stormwater Treatment
- De-paving
- Community Engagement

- "What makes a healing garden at a hospital different from any pleasing garden involves understanding what might help 'transport' people away from the medical process or the medical center. For example, knowing that some people grapple with the emotions of a difficult prognosis or treatment, a healing garden might include a spot in the garden for privacy."
- Daniel Winterbottom, UW Professor

# The Healing Garding: By Friends of VA Puget Sound Fisher House and the University of Washington.

- depayed parking lot
- garden haven for families
- event space for celebrations and memorials
- group space for friends and families
- individual space for reflection and healing
- flexible in allowing for sitting, standing, or walking
- garden space









Top Left:
bridge over raingarden
provides a meandering
path over flowing water

Bottom Left: sculptural element provides meditative area for self-reflection

Bottom Right:
plan illustrates lush
vegitation and a variety of
spaces that replaced the
underutilized
parking lot

DEPWRIMENT OF LANDSCAPE ARCHITECTURE UNIVERSITY OF WASHINGTON

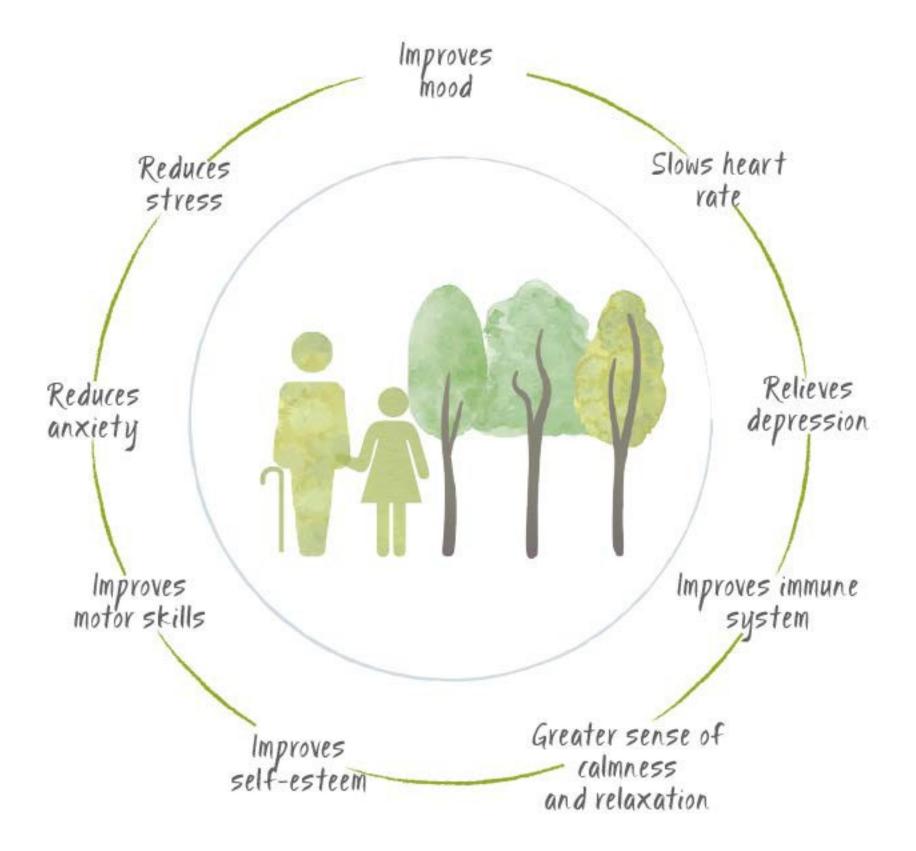




FISHER HOUSE THERAPEUTIC GARDEN

# Benefits of Healing Gardens

# Benefits of Healing Gardens



# Many types of illnesses benefit from thereputic gardens

### Effectivenessand designcan depend on:

- plants vary depeding on the illness(es) treated
- water and other natural sounds
- object height and material
- meandering paths
- Sight, Sound, Touch, Smell, and Seasonality
- Interactive and scenicelements



Fundación Cosmos

## Seattle P-Patch Program

Started by the Picardo family in 1973

- Food
- Equity
- Community Space
- Pollinator Habitat
- De-paving

63,511 lbs of donated produce in 2017

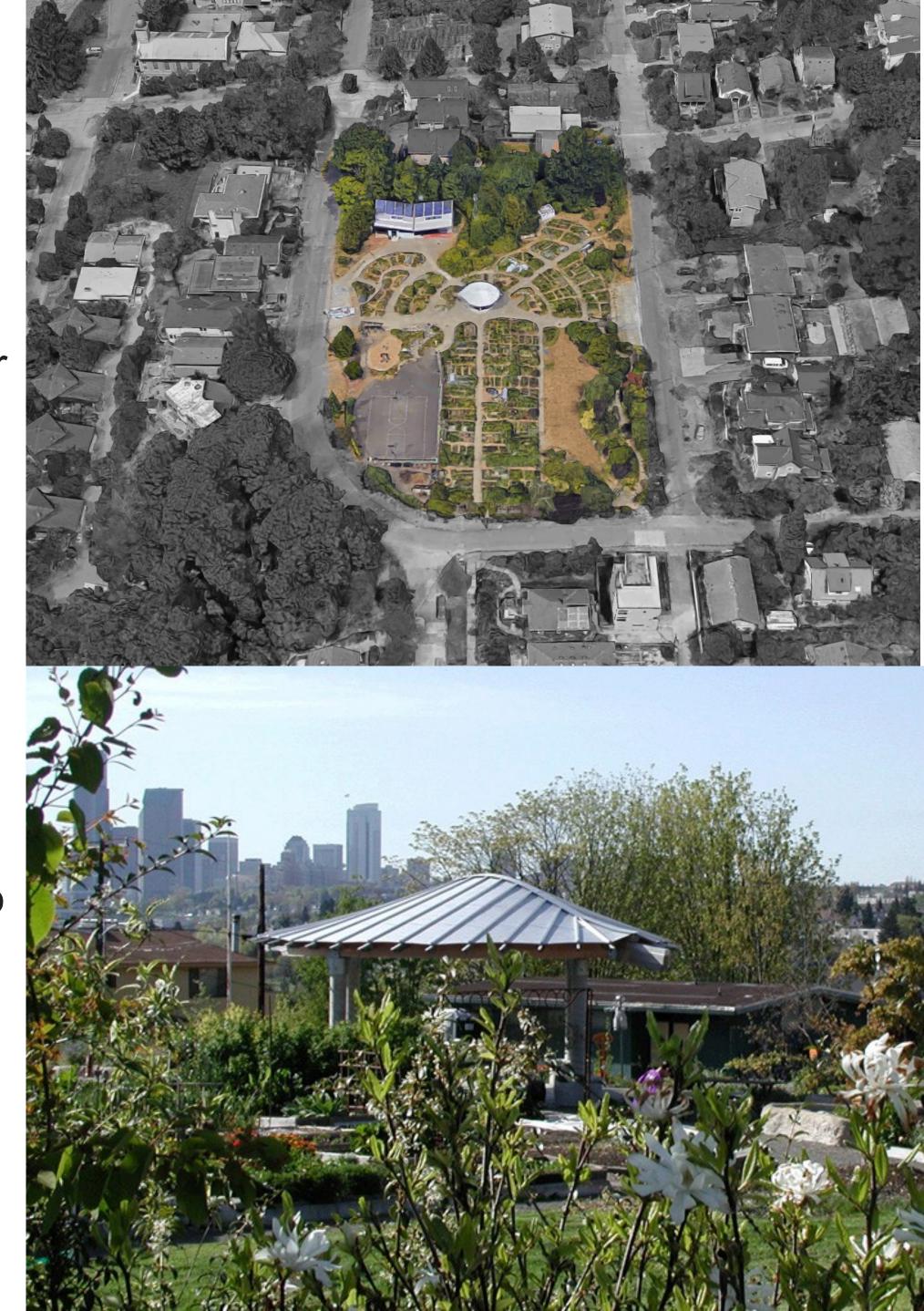






### Bradner Gardens Park

- -1987: Seattle P-Patch Program established site utilized by Mien immigrants from Laos and local Mt. Baker neighborhood.
- -1994: The city planned to building housing but was resisted by the community
- -Friends of Bradner Gardens Park formed, and lobbied city officials.
- -Small and Simple Projects Fund grant to hire a landscape architect.
- -Project was completed in 2003.



### Bradner Gardens Park

"A place where people of all ages, cultures and abilities can create and learn about urban gardening and the environment in a park that is salmon-friendly and encourages water and resource conservation."

-- Bradnergardenspark.org

### Landscape Architect:

-Barker Landscape Architects

#### Partners:

- -Seattle Parks and Recreation
- -Seattle Tilth
- -P-Patch Program
- -City Fruit
- -Mt. Baker Community Club



source: Barker Landscape Architects





### Features:

- -61 garden plots
- -Educational Children's Garden
- -Show gardens
- -Arboretum of small street trees
- -Native plant habitat
- -Bee hives
- -Indoor and outdoor community gathering space

# Effective Design usesPlants

- -servemultiple functions/address multiple challenges
- -cost effective
- -human and animalhealth, healing, and well-being
- -resource production and maintinance
- -respond to a changing climate and extreme weather events

