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A publication of Seattle University College of Nursing EDITOR: Beth Branchaw, branchb@seattleu.edu DEAN: Kristen M. Swanson, PhD, RN, FAAN seattleu.edu/nursing







VINCENT OTUNDO

AWARDED LOIS PRICE SPRATLEN FOUNDATION SCHOLARSHIP

Vincent Otundo, MSN-PMHNP '19, received the 2018-2019 Lois Price Spratlen Foundation Scholarship. This scholarship supports graduate students pursuing a career in advanced practice psychiatric nursing.

Otundo is a recent graduate of the Psychiatric Mental Health Nurse Practitioner (PMHNP) program at Seattle University. His passion for his career arose, in part, from his own life story of immigration from Kenya. His personal drive and determination as a young adult journeying across the globe led to his commitment to healing.

Otundo came to the U.S. right after high school. Soon after his father passed away, leaving him alone in a new country. To help pay for his education, Otundo began a career as a nurse assistant. From there he progressed step by step earning his LPN, Associate Degree RN, and BSN before applying to the Seattle University PMHNP program. During his graduate studies he worked full-time as an RN on a psychiatric inpatient unit.

Otundo's scholarly project focused on the critical need for culturally relevant mental health services for immigrant populations; a need that continues to grow in our region and globally. He's a passionate advocate for social justice in addressing the needs of these populations and is determined to achieve his professional goal of providing them with high quality mental health care services that are respectful of cultural beliefs and practices.

The Lois Price Spratlen
Foundation was founded to
honor the spirit and legacy of
Lois Price Spratlen and builds
upon her commitment to
education, her pursuit of social
justice, and her determination to
challenge perceived limitations.
It grew from a scholarship program
started by the Association of
Advanced Practice Psychiatric Nurses
in 2001 and became an independent
nonprofit in 2016.

For more info: www.thelois.org



- Janiece DeSocio, Seattle University Professor of Nursing





PUBLICATIONS

LISA ABEL DNP, ARNP, WHNP-BC

Abel, L. (2018). Transition: The road to becoming a nurse practitioner. *The Nurse Practitioner*, 42(6), 8.

BONNIE H. BOWIE, PHD, MBA, RN

Bowie, B.H., Lawson, L.V. (2018). Using the vulnerability index to assess the health needs of a homeless community. *Journal of Community Health Nursing*, 35(4), 189-195.

Bowie, B.H., DeSocio, J., Swanson, K.M. (2019). The DNP degree: Is it producing the graduates we intended? *Journal of Nursing Administration*, 49(5), 280-285. doi: 10.1097/NNA.00000000000000751

Heideman, B., Vernon, E., **Bowie, B.H.** (2019). Re-examining genetic screening and oral contraceptives: A patient-centered review. *Journal of Personalized Medicine*, 9(1). doi: 10.3390/jpm9010004

TERRI CLARK, PHD, CNM, ARNP, FACNM

Narruhn, R., **Clark, T.** (2019). Epistemic injustice: A philosophical analysis of women's reproductive health care in a Somali-American community. *Advances in Nursing Science*. Online ahead of print doi: 10.1097/ANS.000000000000000283

JANIECE DESOCIO, PHD, PMHNP-BC, FAAN

DeSocio, J. (2018). Epigenetics, maternal prenatal psychosocial stress, and infant mental health. *Archives of Psychiatric Nursing*, 32(6), 901-906. doi: 10.1016/j.apnu.2018.09.001

DeSocio, J. (2019). Challenges in the diagnosis and treatment of comorbid eating disorders and mood disorders. *Perspectives in Psychiatric* Cαre. Online ahead of print doi: 10.1111/ppc.12355

DeSocio, J., Riley, J. (2019). Feeding and eating disorders in children and adolescents. In E.L. Yearwood, G.S. Pierson, J.A. Newland (Eds.), Child and Adolescent Behavioral Health: A Resource for Advanced Practice Psychiatric and Primary Care Practitioners in Nursing. 2nd ed. Hoboken, NJ: Wiley-Blackwell.

Bowie, B.H., **DeSocio, J.**, Swanson, K.M. (2019). The DNP degree: Is it producing the graduates we intended? *Journal of Nursing Administration*, 49(5), 280-285. doi: 10.1097/NNA.00000000000000051

SUSAN E. FLEMING, PHD, RN, CNS

Martin, C.R., Hollins Martin, C.J., Burduli, E., Barbosa-Leiker, C., Donovan-Batson, C., Fleming, S.E. (2018). The Birth Satisfaction Scale-Revised (BSS-R): Should the sub-scale scores or the total score be used? *Journal of Reproductive and Infant Psychology*. doi: 10.1080/02646838.2018.1490498

JENNIFER FRICAS, PHD, MPH, RN

Fricas, J. (2019). Well-being, community development, and Andean Worldview:
An analysis of meanings and changes in Pedro Moncayo, Ecuador using Photovoice: Doctoral dissertation. *University of Minnesota Digital Conservancy*. http://hdl.handle.net/11299/206284

HYUN JUNG KIM, PHD, PMHNP-BC

Kim H.J., Wojnar, D. (2019). Hearing distressing voices simulation: Students' perspectives. *Issues in Mental Health Nursing*, 40(3), 240-246.

JAHUN KIM, PHD, RN

Kim, J.H., Walsh, E., Pike, K., Thompson, E.A. (2019). Cyberbullying and victimization and youth suicide risk: The buffering effects of school connectedness. The Journal of School Nursing. doi: 10.1177/1059840518824395

SUJEONG KIM, PHD, RN

Kim, S., Savage, T.A., Hershberger, P.A., Kavanaugh, K. (2019). End-of-life care in neonatal intensive care units from Asian perspectives: An integrative review of the research literature. *Journal of Palliative Medicine*. Published online ahead of print doi: 10.1089/jpm.2018.0304

Lee, S., Han, J., Park, R.W., Kim, G.J., Rim, J.H., Cho, J., Lee, K.H., Lee, J., **Kim, S.**, Kim, J.H. (2019). Development of controlled vocabulary-based adverse drug reaction-signal dictionary for multi-center electronic health record-based pharmacovigilance. *Drug Sαfety*. Published online ahead of print doi: 10.1007/s40264-018-0767-7

LAUREN VALK LAWSON, DNP, RN

Bowie, B.H., **Lawson, L.V.** (2018). Using the vulnerability index to assess the health needs of a homeless community. *Journal of Community Health Nursing*, 35(4), 189-195.

KELLY MCBROOM, PHD, ARNP, CNM

McBroom, K. (2019). Carrying uncertainty: The lived experience of women prenatally exposed

to the Zika virus in mainland US and Puerto Rico: Doctoral dissertation. *Proquest Dissertations* and Theses database. UMI: 12722

ROBIN NARRUHN, PHD, RN

Woolsey, C., **Narruhn, R.** (2018). A pedagogy of social justice for resilient/vulnerable populations; Structural competency and biopower. *Public Health Nursing*. Published online ahead of print doi: 10.1111/phn.12545

Narruhn, R., Clark, T. (2019). Epistemic injustice: A philosophical analysis of women's reproductive health care in a Somali-American community. Advances in Nursing Science. Online ahead of print doi: 10.1097/ANS.000000000000000283

STEVEN J. PALAZZO, PHD, MN, RN, CNE

Palazzo, S.J. (2019). Contributing author. In B.L. Yoost, L.R. Crawford, L.R. (Eds.), *Fundamentals of Nursing E-Book: Active Learning for Collaborative Practice*. St. Louis, MO: Elsevier.

Palazzo, S.J., Sanman, E., Bicknell, L.E. (2019). Empowering high school students through engagement in a community event. *International* Education Studies. doi:10.5539/ies.v12n8p83

Scheller, L.L., Campbell, B.M., **Palazzo, S.J.** (2019). Description of an innovative student-led program. *Nursing Education Perspectives*.

KUMHEE RO, DNP, FNP-BC

Ro, K., Villarreal, J. (2018). Interprofessional pharmacology podcasting in advanced nursing practice seminar. *Nurse Educator*, 44(6).

Ro, K. (2018). Three strategies to support minority faculty. *Nurse Educator*, 44 (2).

MO-KYUNG SIN, PHD, RN

Marcum, Z.A., Walker, R, Bobb, J.F., **Sin, M.K.**, Gray, S.L., Bowen, J.D., McCormick, W., McCurry, S.M., Crane, P.K., Larson, E.B. (2018). Serum cholesterol and incident dementia in the Adult Changes in Thought study. *Journal of the American Geriatric Society*, 66(12), 2344-2352. PMID:30289959

Marcum, Z.A., Walker, R., Bobb, J.F., **Sin, M.K.**, Gray, S.L., Bowen, J.D., McCormick, W., McCurry, S.M., Crane, P.K., Larson, E.B. (2019). Reply to: Comment on: Serum cholesterol and incident Alzheimer's disease: Findings from the Adult Changes in Thought study. *Journal of American Geriatric Society,* 67(6), 1303-1305. PMID: 30893465

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KRISTEN M. SWANSON, PHD, RN, FAAN

Bowie, B.H., DeSocio, J., **Swanson, K.M.** (2019). The DNP degree: Is it producing the graduates we intended? *Journal of Nursing Administration*, 49(5), 280-285. doi: 10.1097/NNA.00000000000000751

DIANE FULLER SWITZER, DNP, ARNP, FAEN

Carman, M.J., **Fuller Switzer, D.** (2019). Flipping the conference. *Journal of Emergency Nursing*, 45(2), 194-196.

ANNETTE J. THOMAS, PHD, RN

Thomas, A.J., Mitchell, E.S., Woods, N.F. (2019). Undesirable stressful life events, impact, and correlates during midlife: Observations from the Seattle Midlife Women's Health Study. Women's Midlife Health, 5(1), 1-13. doi: 10.1186/s40695-018-0045-y

DANUTA M. WOJNAR, PHD, RN, MED, IBCLC, FAAN

Wojnar, D., Whelan, E.M. (2018). Preparing nursing students for enhanced roles in primary care: The current state of prelicensure and RN-to-BSN education. *Nursing Outlook*.

Wojnar, D. (2019). Caring. In S.J. Peterson, T.S. Bredow (Eds.), *Middle Range Theories: Application to Nursing Research and Practice*. 3rd Ed. Philadelphia, PA: Lippincott Williams & Wilkins.

Kim H.J., **Wojnar, D.** (2019). Hearing distressing voices simulation: Students' perspectives. *Issues in Mental Health Nursing*, 40(3), 240-246.

COLLEN WOOLSEY, PHD, ARNP

Woolsey, C., Narruhn, R. (2018). A pedagogy of social justice for resilient/vulnerable populations; Structural competency and bio-power. *Public Health Nursing*. doi: 10.1111/phn.12545

Woolsey, C., Smoldon, J., Devney, R. (2019). Initial development of an attention-deficit/hyperactivity disorder visual analog scale for rapid assessment of medication effects. Journal of the American Association of Nurse Practitioners. doi: 10.1097/JXX.000000000000000000

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COLLEGE OF NURSING FACULTY AND STUDENT SCHOLARS' FORUM LECTURE SERIES

he College of Nursing Faculty and Students Scholars'
Forum lecture series provides a venue for College of
Nursing students and faculty to present their scholarship
and the opportunity to receive feedback in a highly
interactive, extremely supportive, and engaging
environment.

- Emily Topalanchik, BSN '19, Increasing Colorectal Cancer Screening Rates in Community Health Centers, Thursday, November 29, 2018.
- Bonnie H. Bowie, PhD, MBA, RN, The DNP Degree: Is It Producing the Graduates We Intended? Thursday, January 31, 2019.
- Kumhee Ro, DNP, FNP-BC, Desired and Received Support for Racial/Ethnic Minority Nursing Faculty, Thursday, April 25, 2019.
- Annette Thomas, PhD, RN, The Challenges of Midlife Women: Themes from the Seattle Midlife Women's Health Study and Undesirable Stressful Life Events: Observations from the Seattle Midlife Women's Health Study, Thursday, May 2, 2019.
- Belen Mesele, DNP-ACPH '22, Ethnomed Project: Why Health Education in the Community Matters, Thursday, May 30, 2019.



PRESENTATIONS

JANIECE DESOCIO, PHD, PMHNP-BC, FAAN

Maternal Psychosocial Stress: Effects on Child Mental Health and Implications for Psychiatric Nursing (Presentation). Annual Conference of Washington State Chapter of the American Psychiatric Nurses Association, Tacoma, WA, April 2019.

In Celebration of Hope (Keynote). Graduate Hooding and Blessing of the Hands Ceremony, Seattle University, Seattle, WA, June 2019.

SUSAN E. FLEMING, PHD, RN, CNS

With R. Vandermause, M. Shaw. Birthing in an Electronic World: First-Time Mother's Experience of Self Preparing for Birth (Oral Presentation). 21st Congress of the Nordic Federation of Midwives, Reykjavik, Iceland, May 2, 2019.

With C. Donovan-Batson, C. Barbosa-Leiker, E. Burduli, C. Hollins-Martin, C. Martin. Birth Satisfaction Scale Revised (BSS-R) Explored: A large scale United States Planned Home Birth and Birth Centre/Center Survey (Oral Presentation). Congress of the Nordic Federation of Midwives Reykjavik, Iceland, May 3, 2019.

JENNIFER FRICAS, PHD, MPH, RN

Linking Local Meanings of Sumak Kawsay to Community Development Processes and Outcomes: Participatory Photography Research from Andean Ecuador (Presentation). 11th Annual Decolonizing Conference of the Centre for Integrative Anti-Racism Studies, Toronto, Canada, November 9, 2018.

Well-Being, Community Development, and Andean Worldview: A Participatory Photography Analysis of Development Meaning and Outcomes in Pedro Moncayo, Ecuador (Presentation). American Public Health Association Annual Meeting, San Diego, CA, November 13, 2018.

SUJEONG KIM, PHD, RN

NICU Nurses' Experience of Moral Distress in Providing End-of-Life Care (Poster presentation). Academy of Neonatal Nursing 18th National Neonatal Nurses Conference, New Orleans, LA, September 2018.

With S. Han. Moral Distress of NICU Nurses in End-of-Life Care (Poster presentation). Western Institute of Nursing, San Diego, CA, April 2019. Best Poster Finalist Awarded.

JEANNE LOWE, PHD, RN

Alphabet Soup of Quality and Regulations (Invited speaker presentation). WOCNext 2019, Wound Ostomy Continence Nurses Annual Conference, Nashville, TN, June 2019.

KELLY MCBROOM, PHD, CNM, ARNP

Carrying Uncertainty: The Lived Experience of Women Prenatally Exposed to the Zika Virus (Poster presentation). American College of Nurse Midwives Annual Meeting, Washington, DC, 2019.

With C. Elmore. Workshop: Occiput Posterior Management: Why, When and How? Manual Rotation of the OP Fetus (Presentation). American College of Nurse Midwives Annual Meeting, Washington, DC, 2019.

PATRICK MURPHY, PHD

Construction of a Common Medication
Formulary and Prototype Drug Information for
Use in Undergraduate and Graduate Nursing
Program Curricula (Poster presentation).
2019 American Society for Pharmacology &
Experimental Therapeutics Annual Meeting,
Orlando, FL. 2019.

ROBIN NARRUHN PHD, MN, RN

Barriers to Healthcare for Immigrants from the Republic of The Marshall Islands to the Institute of Catholic Thought and Culture (Presentation). Seattle University, Seattle, WA, April 25, 2019.

STEVEN J. PALAZZO, PHD, MN, RN, CNE

With D. Cleeter Baily, S. Kaylor, A.G. Opsahl, G. Sherwood. Influencing Advancements in Nursing Education through Intentional Leadership Development (Symposium). International Nursing Research Congress, Sigma Theta Tau International, Melbourne, Australia, July 2018.

KUMHEE RO, DNP, FNP-BC

With J.D. Villarreal, E.M. Dorn. Innovative Technology Utilization to Create Interprofessional 12-Lead EKG Interpretation. National Organization of Nurse Practitioner Faculties (NONPF) 45th Annual Meeting, Atlanta, GA, April 2019.

MO-KYUNG SIN, PHD, RN

With Z.A. Marcum, R.L. Walker, F.F. Bobb, S.L. Gray, J.D. Bowen, W. McCormick, S.M. McCurry, P.K. Crane, E.B. Larson. Serum Cholesterol and Incidence of Alzheimer's Disease: Findings from the Adult Changes in Thought Study (Poster presentation). Alzheimer Association International Conference, Chicago, IL, July 2018.

KRISTEN M. SWANSON, PHD, RN, FAAN

Creating and Sustaining a Culture of Caring, Safety, and Affirmation (Keynote). Baxter Regional Summit, Baxter Regional Medical Center, Mountain Home, AR, September 20, 2018.

Caring and Leadership (Keynote). Nursing PRIDE Conference, Providence Holy Family

Hospital & Providence Sacred Heart Medical Center, Spokane, WA, October 23-24, 2018.

Carolina Nursing: A Model for Academic Clinical Partnerships (Invited Panelist). AONE 2019, San Diego, CA, April 12, 2019.

Theory of Caring and Organizational Caring (Keynote). 39th Annual Patricia Maguire Distinguished Nurse Lectureship, Virginia Mason Medical Center, Seattle, WA, May 7, 2019.

Caring, Leading, and Safety, Nurses Week (Keynote). Overlake Medical Center, Bellevue, WA, May 15, 2019.

DIANE FULLER SWITZER, DNP, ARNP, FAEN

With K. Bice, M. Aluotto, B. Ward, T. Withrow, N. Ephraim. *Hurricane Panel (Podium presentation)*. Emergency Nurses Association (ENA) 2018 Annual Conference, Pittsburgh, PA, September 28, 2018.

With K. Richardson. *ENP Exam-Am I Ready?* (Podium presentation). Emergency Nurses Association (ENA) 2018 Annual Conference, Pittsburgh, PA, September 28, 2018.

With M. Aluotto, E. Novakovish, C. Krager. Hurricane Panel (Podium presentation). Emergency Nurses Association (ENA) Regional Symposium: Fall 2018, Orlando, FL, November 8, 2018.

DANUTA M. WOJNAR, PHD, RN, MED, IBCLC, FAAN

Community Based Curriculum Evaluation Results (Paper presentation). Western Institute of Nursing Research Conference, Spokane, WA, April 12-15, 2018.

Interprofessional Model of Primary Care with RN at its Heart (Presentation). International Congress on Primary Care, Paris, France, August 2018.

A Vision for Nursing in Primary Care (Peer reviewed presentation). European Forum on Nursing and Healthcare, Venice, Italy, September 6-9, 2018.

With D. Baca-Dietz (MSN '16, DNP '18). Shared Decision Making in Primary Care: Implications for Patients and Providers (Peer reviewed presentation). Nurse Practitioners Conference, Eugene, OR, 2019.

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STUDENT SCHOLARLY PROJECTS

DOCTOR OF NURSING PRACTICE

Elizabeth Gallagher (DNP-HSL '19), Improving Sexual Orientation and Gender Identity Knowledge in Convenient Care Clinics: A Toolkit and Competency Training for Caregivers. Chair: Bonnie H. Bowie, PhD, MBA, RN, Reader: Kumhee Ro, DNP, FNP-BC.

Jennifer Hart, MSN, ARNP (DNP-HSL '19), The Work Experiences of Care Providers in a Pediatric Ambulatory Care Setting. Chair: Danuta M. Wojnar, PhD, RN, MN, MED, IBCLC, FAAN, Reader: Janiece DeSocio, PhD, PMHNP-BC, FAAN.

Brooke Katz (DNP-HSL '19), A Psychoeducations Support Group for Family Caregivers of Elders and Major Neurocognitive Disorder/Dementia. Chair: Colleen Woolsey, PhD, ARNP, Reader: Justin Maher. SLP.

Calista Ku (DNP-HSL '19), Program Evaluation of Early Childhood Lead Screening in a Therapeutic Childcare Setting. Chair: Lauren Valk Lawson, DNP, RN, Reader: Alise Owens, DNP, ARNP, FNP.

Valorie Orton (DNP-HSL '19), Understanding Barriers to Health Care for Vulnerable Populations: A Program Evaluation of Service Utilization at a Free Health Care Clinic. Chair: Lauren Valk Lawson, DNP, RN, Reader: Bonnie H. Bowie, PhD, MBA, RN.

Michele Randazzo (DNP-HSL '19), Limb Preservation Pathway: A Tool for Primary Care Providers and Nurses. Chair: Anita Jablonski, PhD, RN, Reader: Jessica Pierce, MD.

Kate Stanley (DNP-HSL '19), Comparison of Hepatitis C Treatment Outcomes Between Primary Care and Specialty Care. Chair: Bonnie H. Bowie, PhD, MBA, RN, Reader: Benjamin J. Miller, PhD, APRN, FNP, ACNP.

Jennifer Strobel (DNP-HSL '19), Primary Care Panel Co-Management by a Physician and an Advanced Practice Clinician: Impact on Provider Burnout. Chair: Michael Huggins, PhDc, EdD, APRN, FAANP, Readers: Jeffrey Wolff-Gee, MD, and Lindsey McKeen, MSN, ARNP, FNP-C.

Wendell Sylvester (DNP-HSL '19), Reducing Barriers to Provider Screening of MSM for PrEP. Chair: Maria Pettinato, PhD, RN, Reader: Peter Shalit. PhD. MD.

Jonnae Tillman (DNP-PMHNP '19), Nurse Practitioners in Medication-Assisted Treatment: A Workforce Gap Analysis for the Washington State Interagency Opioid Treatment Working Plan. Chair: Colleen Woolsey, PhD, ARNP, Reader: Bonnie H. Bowie, PhD, MBA, RN, and Deidre McHugh, DNP, ARNP, PMHNP-BC.

MASTER OF SCIENCE IN NURSING

Malia Alexander (MSN-PMHNP '19), Extendedrelease Naltrexone to Treat Opioid Use Disorder in Individuals Transitioning from Incarceration to the Community: A Literature Review. Chair: Robin A. Narruhn, PhD, RN, Reader: Deidre McHugh, DNP, ARNP, PMHNP-BC.



CLASS OF 2019 DOCTOR OF NURSING PRACTICE GRADUATES AT COMMENCEMENT.

Mary Baskin-Thompson (MSN-PMHNP '19) and Mario Mata (MSN-PMHNP '19), Analysis of Interventions for Safe Disposal of Needles Within the Lake City Community. Chair: Lauren Valk Lawson, DNP, RN, Reader: Michael Huggins, PhDc, EdD, APRN, FAANP.

Tavia Colvig (MSN-AGNP '19) and Vincent Otundo (MSN-PMHNP '19), Mental Health Issues Facing the African Immigrant Population in the United States. Chair: Janiece DeSocio, PhD, PMHNP-BC, FAAN, Reader: Deidre McHugh, DNP, ARNP, PMHNP-BC.

Molly Davenport (MSN-PMHNP '19), Recommendations for Increasing Mental Health Literacy in the Lummi Nation. Chair: Janiece DeSocio, PhD, PMHNP-BC, FAAN, Reader: Colleen Woolsey, PhD, ARNP.

Erin Delsol (MSN-PMHNP '19), Removing Impaired Nurses from Practice: A Policy Analysis. Chair: Deidre McHugh, DNP, ARNP, PMHNP-BC, Reader: Janiece DeSocio, PhD, PMHNP-BC, FAAN.

Dawn Fabian (MSN-PMHNP '19), Self-reported Experiences of Depressed Patients Who Self-administer Low Dose Oral Ketamine in an Outpatient Primary Care Setting. Chair: Deidre McHugh, DNP, ARNP, PMHNP-BC, Reader: Lucinda Grande MD.

Leonar Flores (MSN-PMHNP '19), Racial Discrimination and Adolescents: Mental Health and Nursing Implications. Chair: Robin A. Narruhn, PhD, RN, Reader: Deidre McHugh, DNP, ARNP, PMHNP-BC.

Jasleena Grewal (MSN-PMHNP '19), How Does the North Indian Diaspora Understand the Symptoms and Causes of Unipolar Depression? Chair: JaHun Kim, PhD, RN, Reader: Anar Parikh, PhDc. Eliza Grey (MSN-PMHNP '19) and Nora Hansen (MSN-PMHNP '19), Using Diet as a Treatment Intervention for Symptoms of Depression.
Chair: Janiece DeSocio, PhD, PMHNP-BC, FAAN, Reader: Heather DePuydt, DNP, MSNEd, RN, RYT.

Masako Komiyama (MSN-PMHNP '19) and Vanessa Zsadanyi (MSN-PMHNP '19), *Burnout in Psychiatric Nursing and Strategies for Well-Being.* Chair: Heather DePuydt, DNP, MSNEd, RN, RYT, Reader: Molly Sharp, MSN, PMHNP-BC.

Kristen Pace (MSN-PMHNP '19) and Mishele Rutherford (MSN-PMHNP '19), Exploring Stigma Among Healthcare Providers Toward Patients with Substance Use Disorder and its Impact on Patient Care. Chair: Janiece DeSocio, PhD, PMHNP-BC, FAAN, Reader: Colleen Woolsey, PhD, ARNP.

Fatimah Saleem (MSN-PMHNP '19) and Brett Springer (MSN-PMHNP '19), Problematic Social Media Use Among Adolescents: Risk Factors, Mental Health Sequelae, and Practice Implications. Chair: Deidre McHugh, DNP, ARNP, PMHNP-BC, Reader: Erik Haley, ARNP, PMHNP-BC.

Robert Simon (MSN-PMHNP '19), Assessment and Treatment of HIV Associated Neurocognitive Disorders (HAND). Chair: Janiece DeSocio, PhD, PMHNP-BC, FAAN.

Taylor Wise (MSN-PMHNP '19), The Cognitive Effects of Anticholinergic Medications in Non-elderly Adults with Schizophrenia: A Review of the Literature. Chair: Hyun Jung Kim, PhD, PMHNP-BC, Reader: Marla Brucken, MSN, ARNP.



EXPANDING THE WORLDVIEW OF STUDENTS THROUGH CULTURAL IMMERSION WITH REFLECTION

Every summer for more than 20 years, Seattle University nursing students have traveled to Belize to explore its history, culture, and health care infrastructure as part of the Global Nursing Seminar and Immersion course. They learn about Belize from local health professionals at a variety of organizations, from ministry-level departments to small community settings. Students spend approximately 10 days in health and human services working with the elderly, adolescents, children, and others.

Top: BSN students, Elle McGuinness, Maddie Hancock, Emily Grady and Bridget Benevides, giving a presentation to the staff of the Good Samaritan Homeless Shelter in Belize City on how to manage diabetes and hypertension.

Bottom left: The Global Nursing Seminar students led by nursing faculty members, Drs. Lori Cray and Rachelle Meenach-Ligrano. Pictured with the group is Emir Castaneda, health educator for the Ministry of Health, Central Health Region, Belize District.

Bottom right: Taken at Liberty Children's Home, which serves approximately 30 orphaned children ranging in age from 0 to 18. BSN students worked with small groups of children using coloring books designed to engage them in a safe discussion regarding bullying.



FUNDING

EXTERNAL AWARDS

NEW

Robin Narruhn, PhD, RN, "Twelve racial/ethnic health boards of the Community Health Board Coalition (CHBC) to assess community mental health across groups and creating a joint policy agenda and ultimately positioning the CHBC as a powerful voice for health," 2019, Communities of Opportunity Systems: and Policy Change Grants, \$150,000 (awarded to Community Health Board Coalition).

Robin Narruhn, PhD, RN, "Design an asset-based community priorities assessment using CBPR framework and host community discussions using the results and devising a workplan and policy proposal," July 2019-June 2020, Pacific Hospital Preservation & Development Authority (PHPDA) Grant, \$149,680 (awarded to Community Health Board Coalition).

Steven J. Palazzo, PhD, MN, RN, CNE, "Teen Take Heart," October 2018, Sharkey Foundation, \$5,000.

CONTINUING

Carrie Westmoreland Miller, PhD, RN, CHSE, CNE, IBCLC, "Hearst OSCE Program," 1/1/2016-12/31/2019, The Hearst Foundation, \$150.000.

Kristen M. Swanson, PhD, RN, FAAN, "The Jonas Nurse Scholarship Program," 7/1/2018-6/30/2020, American Association of Colleges of Nursing, Jonas Center for Nursing and Veterans Healthcare, \$10,000.

INTERNAL AWARDS

NEW

Sujeong Kim, PhD, RN, "NICU nurses' experience of moral distress in providing endof-life care," 2019, Seattle University Summer Faculty Fellowship.

Kumhee Ro, DNP, FNP-BC, Therry Rose Eparwa, DNP, FNP-BC and Gayle Robinson, PhD, RN, "Promoting Leadership Capacity of Nurse Faculty of Color in the College of Nursing," April 2019, Seattle University Endowed Mission Fund. \$3514.41.

CONTINUING

Jennifer Fricas, PhD, MPH, RN, "Developing a Year-Long Undergraduate Population Health Internship: Next Steps in Innovative Nursing Education for Responsive Future Leaders," 2018-2019, Seattle University College of Nursing Seed Grant, \$1,759. **Sujeong Kim**, PhD, RN, "NICU nurses' experience of moral distress in providing endof-life care," 2018-2019, College of Nursing Faculty Seed Grants for Advancement, \$5,500.

Robin Narruhn PhD, RN, "Barriers to Health Care to People from the Republic of the Marshall Islands in Washington State," 2018-2019, Institute for Catholic Thought and Culture, Seattle University, \$7,000.

Robin Narruhn, PhD, RN, and Jennifer Fricas, PhD, MPH, RN, "Undoing Institutionalized Racism in the College of Nursing: Improving the Student Experience to Improve Our Nursing Care," 2018-2019, Seattle University Endowed Mission Fund and College of Nursing, \$3,250.

SCHOLARSHIP RECIPIENTS

Zheryl Baldonado (DNP '21), 2019, Academy for Emerging Leaders in Patient Safety Scholarship.

Belen Mesele (DNP '22), 2019, Eileen Ridgway Endowed Nursing Outreach Scholarship, Seattle University College of Nursing.

Sarah McClean (BSN '20), May 2019, Sue M. Naef Scholarship, Seattle University.

Margaret McKay (BSN '20), March 2019, Rosemary Ford Future of Oncology Nursing Scholarship, Seattle Cancer Care Alliance.

Jennifer Nguyen (BSN '19), May 2019, Sue M. Naef Scholarship, Seattle University.

Vincent Otundo (MSN-PMHNP '19), 2018-2019, Lois Price Spratlen Foundation Scholarship.

Cassandra Schiller (BSN '19), May 2019, Sue M. Naef Scholarship, Seattle University and

The Nancy an Lorraine Scholarship in Global Nursing, Joe and Maureen Brotherton.

Aisha Ugas (BSN '20), The Nancy and Lorraine Scholarship in Nursing, Joe and Maureen Brotherton.

2019 KING COUNTY NURSES ASSOCIATION (KCNA) SCHOLARSHIPS

Teresita Barrera (DNP '22), Valerie Weiss Award Ambera Dedic (DNP '21), Valerie Weiss Award Farhia Hassan (BSN '20), Basic Award for Baccalaureate Programs

Nazira Juneiyd (DNP '22), Valerie Weiss Award Hang (Kristine) Le Dao (BSN '20), Basic Award for Baccalaureate Programs

Jalena Myers (BSN '20), Basic Award for Baccalaureate Programs

Martha Ndungu (BSN '19), Basic Award for Baccalaureate Programs

Megan Wu (BSN '22), Basic Award for Baccalaureate Programs

2019 MARY MAHONEY PROFESSIONAL NURSES ORGANIZATION (MMPNO) SCHOLARSHIPS

Faiza Abaroone (BSN '19)

Fadumo Abdi (BSN '19)

Yodit Beyene (BSN '19)

Nazira Juneiyd (DNP '22)

Tresa McDaniel (BSN '19)

Belen Mesele (DNP '22)

Ashanti Mosby (BSN '19)

Martha Ndungu (BSN '19)

dra Schiller (BSN '19), May 2019, Sue



2019 MARY MAHONEY PROFESSIONAL NURSES ORGANIZATION SCHOLARSHIP RECIPIENTS AND COLLEGE OF NURSING FACULTY MEMBERS AT THE MMPNO ANNUAL BANQUET.

WHAT MATTERS MOST

RIDGWAY SCHOLAR, BELEN MESELE, INCREASING HEALTH LITERACY AMONG SEATTLE'S ETHIOPIAN COMMUNITY

As the 2019 recipient of the Dr. Eileen Ridgway Endowed Nursing Scholarship, nursing student Belen Mesele, DNP-ACPH '22, undertook an outreach project near and dear to her heart.

In her project "Pay
Attention to What Matters
Most—Our Health," Mesele
worked to increase health literacy
among patients in Seattle's Ethiopian
community. Working with EthnoMed,
a website containing medical and
cultural information about immigrant
and refugee groups, Mesele created
culturally appropriate brochures and a
website about different diseases that
often affect members of the Ethiopian
community, whose primary language is
Amharic.

For Mesele the project extends an established track record of leadership



within Seattle's Ethiopian community. A member of the Ethiopian Health Council, she organizes various activities to address health topics specific to educating the community, including a monthly health forum and an annual Ethiopian Health Fair.

In 2011, Mesele founded the health segment of the Ethio Youth Media (EYM) community TV show to promote physical and social wellness in her community through interviews with experts on a wide range of topics, such as nutrition, mental health, tobacco use and obtaining health insurance.

"Just like many of Seattle U's graduates and faculty, I have a commitment to act for the rights of others, especially the disadvantaged and the oppressed," says Mesele. "For me, obtaining a Doctor of Nursing Practice degree is not simply a goal. It's an opportunity to gain the knowledge I need to help patients access the resources they need...and use my ability to communicate in ways that are responsive to their cultural and socioeconomic circumstances."

Mesele is pursuing a Doctorate in Nursing Practice in Advanced Community Public Health and is in her second year of the program.

Seattle University students, such as Mesele continue the legacy of Dr. Eileen Ridgway, who is remembered for her relentless dedication to nursing practice, education, caring and social justice. Created to inspire emulation of her work and vision, the Ridgway Scholarship fuels leadership development by empowering student involvement in community outreach, service and civic efforts.

For more information about this and other Endowed Nursing Scholarships, contact Peggy O'Boyle Fine, Director of Development at (206) 296-1896 or finep@seattleu.edu

"I have a commitment to act for the rights of others, especially the disadvantaged and the oppressed."

MARGARET McKAY, BSN '20

ROSEMARY FORD FUTURE OF NURSING SCHOLARSHIP RECIPIENT

Margaret (Meg) McKay was among the 2019 awardees of the Rosemary Ford Future of Oncology Nursing Scholarship awarded by the Seattle Cancer Care Alliance (SCCA) in March 2019. McKay, a lifelong Seattleite, is pursuing her Bachelor of Science in Nursing at Seattle University.

Before enrolling in the Seattle U transfer cohort to obtain her nursing degree, McKay received her B.S. in Psychology from University of Washington and began a career in research. After working for a time in that field, McKay quickly realized that



MARGARET MCKAY WITH DR. DANUTA M. WOJNAR

unrelenting cheerleaders for their patients, despite the long hours and frequent heartbreak that accompany this work."

McKay's decision to become an oncology nurse is due in no small part to this inspiration and sense of hope she has experienced working with patients at Seattle Children's. She also said that during her time as a CNA, she has "seen first-hand how the life-saving treatments developed at Seattle Cancer Care Alliance changed the lives of thousands of families and made possible the bright futures of many of my patients. I am honored to be a small

"Nursing allowed me to connect my interest in psychology and physiology with caregiving and patient advocacy."

she wanted to connect with patients, not just write about them. She said, "Nursing allowed me to connect my interest in psychology and physiology with the caregiving and patient advocacy that bring meaning to my work, and what truly fulfills me."

In addition to her nursing studies, McKay has been a CNA at Seattle Children's for nearly three years working in a pediatric oncology unit. She said when someone finds out where she works they frequently ask, 'how is she able to work in a such a sad place?' Although it is difficult to care for children with cancer, McKay said, "the Cancer Care Unit is also a place of immense hope. Every day I am inspired by children who bravely face their own mortality, parents who wrap their children in unconditional love, and resilient nurses who remain

part of this work, and it has cemented my passion for oncology."

A partnership formed in 2016 between the Seattle Cancer Care Alliance (SCCA) and GlassyBaby led to the creation of the Rosemary Ford Future of Oncology Nursing Scholarship. The scholarship supports oncology nursing students at local colleges and universities, as well as SCCA nurses enrolled in advanced nursing programs.

ZHERYL BALDONADO, DNP '21

AWARDED 2019 ACADEMY FOR EMERGING LEADERS IN PATIENT SAFETY SCHOLARSHIP

Zheryl Baldonado, RN, BSN, CCRN, received a scholarship from the Academy of Emerging Leaders in Patient Safety to attend the 2019 Telluride Conference on Patient Safety in Napa, CA.

The scholarship provided program costs, travel, and boarding to attend the conference. Attendees completed a 4-day immersion in patient safety under the direction of its founder, Dr. David Mayer, Executive Director of MedStar and Chair of the Patient Safety Movement Foundation.

Baldonado is studying to become a Family Nurse Practitioner at Seattle University in the Doctor of Nursing Practice (DNP) program. She is among the first RN to DNP students set to graduate June 2021. Prior to applying for the scholarship, she had already begun an extensive literature review for improving patient safety reporting systems as part of her studies.

In her final DNP project, Baldonado plans to focus on ways to improve care systems through debriefing training for nurse managers. "Medical errors are the 3rd leading cause of death," she said. "Through critical conversations, these errors could be used as valuable tools for experiential learning."

Baldonado has been a critical care registered nurse for 10 years. She

started her nursing career at Swedish Medical Center's Cardiothoracic intensive care unit when she was as a newly graduated RN.

"Social justice is the foundation of nursing," responded Zheryl when asked what drew her to Seattle U's DNP program.

"The values of Seattle University
College of Nursing will help prepare
me to understand complex health care
needs and to provide me with a strong
foundation as an advanced practice
nurse."

To prepare herself for becoming a family nurse practitioner, Baldonado said she transitioned into the neonatal intensive care unit (NICU) at Swedish Medical Center. In addition to her DNP studies, she provides care at both Swedish First Hill's Level 4 NICU and UW Medical Center's Level 3 NICU.



"SOCIAL JUSTICE IS THE FOUNDATION OF NURSING."

HONORS

ACADEMIC APPOINTMENTS

ENDOWED POSITIONS

PREMERA ENDOWED PROFESSOR OF NURSING IN HEALTH PROMOTION AND CARE INNOVATIONS

Bonnie H. Bowie, PhD, MBA, RN

ADMINISTRATIVE APPOINTMENTS

INTERIM ASSOCIATE DEAN FOR ACADEMIC AFFAIRS

Danuta M. Wojnar, PhD, RN, MED, IBCLC, FAAN

INTERIM ASSOCIATE DEAN FOR GRADUATE STUDIES

Bonnie H. Bowie, PhD, MBA, RN

INTERIM ASSOCIATE DEAN FOR UNDERGRADUATE STUDIES

Steven J. Palazzo, PhD, MN, RN, CNE

PROMOTIONS

PROMOTED TO PROFESSOR

Bonnie Bowie, PhD, MBA, RN

TENURED AND PROMOTED TO ASSOCIATE PROFESSOR

Hyun Jung Kim, PhD, PMHNP-BC Benjamin J. Miller, PhD, APRN, FNP, ACNP

NEW APPOINTMENTS/NEW HIRES

ASSOCIATE PROFESSOR

Cheryl Cooke, PhD, DNP, PMHNP-BC

ASSISTANT PROFESSORS

Therry Eparwa, DNP, ARNP, FNP-BC Jennifer Fricas, PhD, MPH, RN Kathleen McBroom, PhD, ARNP, CNM Kumhee Ro, DNP, FNP-BC

CLINICAL ASSISTANT PROFESSORS

Lisa Abel, DNP, ARNP, WHNP-BC Daniel Cline, PhD, RN, ANP-BC, CEN Daisy Garcia, PhD, RN Yuting Lin, PhD, RN

CLINICAL SIMULATION COORDINATOR

Aurora VanDewark, MSN, RN

INSTRUCTORS

Deidre Fisher, MN, ARNP Alyssa Spingola, MSN, ARNP Jonnae Tillman, DNP, PMHNP Aurora VanDewark, MSN, RN

LECTURERS

Marilyn Derksen, MSN, CNM, ARNP Emily Douglas, BSN Karl Fincken, BS, DMS Heather Martin, MSN Bren Tiel, MSN, RN

ADJUNCT FACULTY

Jacquelyn Banasik, PhD, ARNP, FNP Krystal Bui, MSN, RN Marnie Cowell, MSN, ARNP, FNP-BC Christine Fujiki, RNC-MNN Jessica Gonzales, MSN, ARNP Shannon Hines, MSN, RNC-OB Thomas Hirschler, MBA, BS Benjamin Hocutt, MSN, AG-ACNP Laura Houdek, MSN, FNP Youwen Hu. MSN. RN Shannon Huffaker, MSN, RN, CCRN Jeffrey Kendall, DNP, ARNP, PMHNP Katie Ketchum, BSN, RN, CPN Sharon Knowlton, MSN, RN Alexis Koutlas, MSN Stephanie Marria, BSN, RN, CPN Kori Martodam, MSN, CRNA Deidre McHugh, DNP, ARNP, PMHNP-BC Rachel McCluskey, MSN, ARNP Lisa Mitchell, DNP, PMHNP-BC Christina Popchoi, BS, RDMS, RVT

Courtney Pucci-Babcock, MSN, RN, CPN
Sabah Quraishi, PhD, MPH
Todd Ray, DNP, ARNP
Bianca Reis, MSN, MBA, RN-BC
Karin Riggs, MSW, MSN, ARNP, PMHNP-BC
Mary Shelkey, PhD, RN
Sarah Vidal, BS, RDMS
Kimbra Willings-Orozco, DNP, PMHNP, ARNP
Sheryl Wilson, DNP, ARNP
Anna Winquist, MN, RN

LEADERSHIP Appointments and Activities

Jeanne Lowe, PhD, RN, Healthcare Improvement (IHI) Leadership and Organizing for Change Certification, September 20, 2018 to November 29, 2018.

Steven J. Palazzo, PhD, MN, RN, CNE, Certified Nurse Educator (CNE), National League of Nursing (NLN); renewal 2019-2024.

Kristen M. Swanson, RN, PhD, FAAN

- Elected to the American Association of Colleges of Nursing (AACN) Board of Directors, 2018-2020.
- Appointed Chair of Swedish Medical Center Board of Trustees, January 2019.

Diane Fuller Switzer, DNP, ARNP, FAEN

- Appointed Lead of Emergency Nurse Association (ENA) Emergency Nurse Practitioner (ENP) Competency Revision Work Group Sept 2018 to present.
- Volunteer Site Visitor, Hoja Nueva.org, Assess Feasibility of Global Clinical Opportunities for Nursing Students and Develop a Healthcare Partnership to Improve Healthcare Delivery to Indigenous Populations of the Southern Peruvian Amazon, April 2018.

CONTINUED ON PAGE 12



AWARDS

FACULTY

Heather Depuydt, DNP, MSNEd, RN, RYT, Most Inspirational Faculty Award, August 2019.

Sujeong Kim, PhD, RN, and S. Han, Western Institute of Nursing Conference Best Poster Finalist, Moral Distress of NICU Nurses in Endof-Life Care, 2019.

Jaime Navetta, MN, RN, CNE, Most Inspirational Faculty Award, June 2019.

Danuta M. Wojnar, PhD, RN, MED, IBCLC, FAAN, Nursing Outlook Excellence in Education Award for Article, *Preparing Nursing Students for Enhanced Roles in Primary Care: The Current State of Prelicensure and RN to BSN education*, presented at American Academy of Nursing Conference, 2018.

STUDENTS

Fadumo Abdi (BSN '19), Sister Mary Ruth Niehoff Award, August 2019.

Mackenzie Campbell (BSN '19), Nursing Service Award, August 2019.

Dominique Friz (BSN '19), Sister Mary Ruth Niehoff Award, June 2019.

Natlya Ivanova (BS DIUS '19), Diagnostic Ultrasound Cohort Leadership and Service Award, June 2019.

Jared Lane (BSN '19), Nursing Service Award, June 2019.

Erika Liias (BSN '19), Spirit of the College of Nursing Award, August 2019.

Francis Navarra (BS DIUS '19), Diagnostic Ultrasound Academic Excellence Award, June 2019

Anh Tuyet Nguyen (BS DIUS '19), Most Improved Diagnostic Ultrasound Student Award, June 2019.

Vincent Otundo (MSN-PMHNP '19), JoAnn McFadden Graduate Student Award, August 2019.

Johanna Rapport (BSN '19), Spirit of the College of Nursing Award, June 2019.

Cecelia Wu (BSN '19), Spirit of the College of Nursing Award, June 2019.

ALPHA SIGMA NU JESUIT HONOR SOCIETY INDUCTEES

Julia Davis (BSN '20)
Elizabeth Gallagher (DNP '19)
Nicole Gerber (BSN '19)
Farhia Hassan (BSN '20)
Valorie Orton (DNP '19)
César Rios III (BSN '20)
Stephanie Sanchez (BSN '21)
Jessica Strong (BSN '19)
Michele Randazzo (DNP '19)

SIGMA THETA TAU-ALPHA SIGMA CHAPTER INDUCTEES

Alma Akras Zheryl Baldonado Jeremy Tyson Bang Jana Banjanin Daniel Mikhail Brusser Ju Yeon Choe Irina Ivanovna Dashkel Benjamin Noah Duchin Dana Marie Fuqua Wenqi Ge Nicole Elyse Gerber Susan Marie Henderson Samantha Gail Herradura Breanna L. Ho Phoebe Catherine Horvath Caroline Elizabeth Jaquish Patricia M. Joyce Janin Ann Khaleel Sarah M. Korbonits Emma Sharleen Lieuwen Navdeep Kaur Malhi Alejandra Mercado-Roa Ellerey Claire Nelson Doanh Q. Ngo Diana J. Spann Ashley Michelle Thompson Luke Jacob Van de Krol Jhanielle Alyson Lim Vinluan

DR. BONNIE BOWIE

APPOINTED THE PREMERA ENDOWED PROFESSOR OF NURSING IN HEALTH PROMOTION AND CARE INNOVATIONS

Bonnie Bowie, PhD, MBA, RN was recently appointed as the Premera Endowed Professor of Nursing in Health Promotion and Care Innovations by President Stephen Sundborg. Premera Blue Cross created this endowed nursing professorship in 2005. The professorship is intended for a nursing faculty member whose scholarship impacts primary health care, prevention, and innovations in care delivery.

"I am very pleased and honored to receive this Endowed Professorship," said Dr. Bowie. "I actually had the privilege of spending a week at Premera in 2014 participating in their continuous process improvement program using the Kaizen (Toyota) model. It was enlightening to see how Premera utilizes the Kaizen model to improve services for their plan members. The lessons I learned from them have been very useful in my work at the College of Nursing and at Swedish in my former role as Stroke Coordinator."

Dr. Bowie, Interim Associate Dean for Graduate Programs at the College of Nursing, joined Seattle U in 2000. She said, "I had always been impressed with the caliber of Seattle U nursing students. I was also very drawn to the mission of Seattle U." She said when offered an opportunity for a one-year appointment in 2000, she accepted it "and then I just stayed!"

On September 1, 2019, she was promoted to full professor. She is an engaged Jesuit educator who strives to be an active participant in lifelong learning. Her philosophy of teaching is consistent with the SU and CON missions of educating the whole person, promoting personal and professional formation, engendering commitments to service and social justice, and developing leaders for a just and humane world.

Her scholarship, teaching, research, and clinical practice focus on care systems improvement, finance, and quality assurance. She has made many significant contributions to the DNP program and said she's "excited about the potential of our DNP graduates to lead much needed change across the U.S. health care system."

"Professor Bowie's commitment to care systems improvement and her leadership in preparing nurses at the DNP level to transform health care for a just and humane world, make her particularly deserving of this honor," said Dean Swanson.

Her publications include reports of findings from data-based and grantfunded research. Two of her most recent publications have been interprofessional with co-authors from the Albers School, where she has also served on faculty. Last year, her paper on DNP graduates was featured on the AACN website.



She has obtained grant funding as PI on four grants: one from the Better Ways Foundation, two from SU, and one from the Sinegal Foundation (\$350,000) to address homelessness in King County.

Dr. Bowie's service contributions are quite extensive. She currently serves on the oversight committee for the new Center for Science and Innovation building at Seattle U. She is a Board Member for the Eastside Congregations for the Homeless Committee. Prior to assuming the Interim Associate Dean role, she served in a clinical per diem administrative capacity for Swedish Health System, where she played an integral role in supporting Issaquah Neurology Care to be designated a Center of Excellence.

"PROFESSOR BOWIE'S COMMITMENT TO CARE SYSTEMS IMPROVEMENT AND HER LEADERSHIP IN PREPARING NURSES AT THE DNP LEVEL...MAKE HER PARTICULARLY DESERVING OF THIS HONOR." - Dean Kristen M. Swanson



