



# ANNUAL REPORT OF SCHOLARSHIP

**SEATTLEU**  
COLLEGE OF NURSING

2021-2022 ACADEMIC YEAR





## WHAT'S INSIDE

- 1 Dr. Mo-Kyung Sin Awarded National Institute of Health Grants, Selected as Fellow of the Gerontological Society of America
- 3 Dr. Khumhee Ro Named Robert Wood Johnson Foundation Health Policy Fellow
- 4 Bachelor of Science in Nursing Program Re-Accredited for 10 Years
- 5 Scholarship
- 6 College of Nursing Dean's Lecture Endowed by Dr. Luth M. Tenorio
- 8 Student Scholarly Projects
- 10 Funding
- 12 New Awards from the Hearst Foundation and Washington Student Achievement Council
- 13 2022 Ridgway Scholars: Mckenzie Golden, DNP '22, Nazira Juneiyd, DNP '22, and Danielle Navarro, DNP '25
- 14 Honors
- 15 Josh Wymer, BSN '07, Federal 100 Award Winner; Mirette Aziz Appointed as Director for Diagnostic Ultrasound
- 16 Pratistha Kharel, BSN '24, Rosemary Ford Future of Oncology Nursing Scholarship Recipient
- 17 Dr. Benjamin J. Miller Apointed to the Dr. Lester and Mary Ann Sauvage Endowed Professorship

A publication of Seattle University  
College of Nursing

EDITOR: Beth Branchaw, [branchb@seattleu.edu](mailto:branchb@seattleu.edu)

DEAN: Kristen M. Swanson, PhD, RN, FAAN  
[seattleu.edu/nursing](http://seattleu.edu/nursing)

On the cover: Alexa Vivas, BSN '24, was featured in the SU Undergraduate Viewbook this year.

Back Cover: Belen Mesele, DNP '22, 2019 Ridgway Nursing Scholarship Recipient.



---

# DR. MO-KYUNG SIN

AWARDED NATIONAL INSTITUTES OF HEALTH GRANTS,  
INDUCTED AS FELLOW OF THE GERONTOLOGICAL  
SOCIETY OF AMERICA

---

**A**ssociate Professor of Nursing, Mo-Kyung Sin, PhD, RN, FGSA, has been granted over \$556,000 in federal funding to pursue her research through the National Institutes of Health (NIH) National Institute on Aging as part of the Small Research Grant Program for the Next Generation of Researchers in Alzheimer's Disease and Alzheimer's Disease-Related Dementias.

- "Blood Pressure, Microinfarcts, and Dementia: A Pathway for Alzheimer's Disease Management," \$287,982.
- "Blood Pressure, Amyloid  $\beta$  and tau, and Cerebral Amyloid Angiopathy: A Pathway for Alzheimer's Dementia Management," \$268,576.

Dr. Sin's awards from the NIH, join only five previous NIH-funded awards and sub-awards made to Seattle University in the last decade and demonstrate the continued growth and evolution of SU's research enterprise.

Dr. Sin's outstanding work and continued dedication to the field of gerontology recently earned her the honor of being selected as a Fellow of the Gerontological Society of America (GSA)—the highest class of membership within the society. This year, she was also elected as national chair of the GSA's Health Sciences Section and will serve in this leadership position for 4 years.

"This is an exciting opportunity for Dr. Sin who has meticulously studied and sought mentorship to move her scholarship in the direction of aging and dementia research," said Dean Kristen Swanson.

Since joining SU in 2004, Dr. Sin has consistently pursued her research into the influence of cardiovascular disease on the development of neurodegenerative diseases, such as Alzheimer's disease and Parkinson's disease. In 2019,



she was selected for the distinguished Edmond J. Safra Visiting Nurse Faculty Program at the Parkinson's Foundation and has since received the program's 2021 Alumni Award for her outstanding contribution in educating others and nursing students on Parkinson disease.

A strong advocate for student success, Dr. Sin has mentored both nursing students and alumni through the Parkinson Disease Nursing Student Ambassador Program, which she implemented in

2020 with funding from the Parkinson's Foundation. She expanded the current program in 2021 to the Alzheimer Disease and Parkinson Disease Ambassador Program with a seed grant from the College of Nursing. The ambassador programs were designed to provide nursing students with necessary knowledge and competency when caring for patients with Alzheimer disease and/or Parkinson disease and evidence-based practice skills through case-study manuscript development.

With support from the NIH, Dr. Sin continues her study of the relationship between blood pressure, cerebral vasculopathies (abnormal blood vessels: cerebral amyloid angiopathy, arteriolosclerosis) and region-specific cerebral microinfarcts (microscopic tissue infarction/necrosis of the brain) and their influence on the development of dementia.

To do so, she will use data from the Adult Changes in Thought (ACT) study, a longitudinal dataset collected by Kaiser Permanente (KP) and the University of Washington since 1996 that follows KP patients throughout their lives. Ultimately, her research will contribute to foundational knowledge about possible mechanisms for preventing or delaying dementia in older adults, including interventions aimed at proper monitoring and treatment of blood pressure.



**RO'S SCHOLARSHIP HAS FOCUSED ON IDENTIFYING FACTORS  
SUPPORTING DIVERSITY WITHIN THE HEALTH CARE WORKFORCE  
AS A MEANS OF PROMOTING CARE AND OUTCOMES FOR  
TRADITIONALLY MARGINALIZED POPULATIONS.**

---

# DR. KUMHEE RO

NAMED ROBERT WOOD JOHNSON FOUNDATION  
HEALTH POLICY FELLOW BY THE NATIONAL  
ACADEMY OF MEDICINE

---

**K**umhee Ro, DNP, ARNP, FAANP, Assistant Professor of Nursing, was named one of only six health care professionals across the country for the 2022-2023 class of Robert Wood Johnson Foundation (RWJF) Health Policy Fellows, administered by the National Academy of Medicine (NAM).

Ro will spend a year-long fellowship in Washington, D.C., participating in the policy process at the federal level. The RWJF Health Policy Fellows were competitively selected from highly accomplished national health, behavioral and social science professionals who have an interest in policy.

"I am tremendously honored and humbled by this opportunity to learn at the highest level of policy to build equitable health care through the nursing workforce," said Ro. "I hope to use this invaluable experience to promote social justice and improve health care access for our underserved populations."

The fellowship program will commence with an intensive three-month orientation by the National Academy of Medicine, followed by a nine-month assignment in a congressional office, on a committee or in the executive branch, where the fellows will be involved in health-related legislation and programs.

"During this time of turbulence in health care, Dr. Ro will be in Washington, D.C., working to improve federal policies. We are so proud of Dr. Ro and look forward to the great skills she will bring back to lead the nursing profession in redressing inequitable access to high quality health care for all," said Dean Kristen Swanson.

Ro's scholarship has focused on identifying factors supporting diversity within the health care workforce as a means of promoting care and outcomes for traditionally marginalized populations.

Rev. Michael J. Garanzini, S.J., president of the Association of Jesuit College and Universities' (AJCU), said, "AJCU is grateful for the leadership of Dr. Ro, co-founder of the Jesuit Diverse Nursing Faculty Network. Through her work, faculty at nursing schools across the country now have opportunities for greater support, as well as professional development, in nursing."

The Fellows' experience in Washington, D.C. will position them to examine how federal and state governments relate to the mission of their home institutions and will enrich their understanding of the federal policy formation process. Fellows are expected to use the experiences, leadership skills, and relationships gained through the experience to advance health care policy and equity at the national, state, and/or local levels.

"Every day for the past two and a half years, we have been reminded about how public health and health care impact our daily lives and sense of security," said Gregg Margolis, director of the RWJF Health Policy Fellows program at the National Academy of Medicine. "These exceptional health and health care experts will bring to Washington, D.C. experience that enriches the policy process and adds a 'front line' perspective to policy discussions. This amazing cohort will help shape health decisions that impact us all."

According to the press release, the RWJF Health Policy Fellows program is the nation's most prestigious learning experience at the nexus of health, science, and policy in Washington, D.C. Since 1973, this nonpartisan fellowship has offered exclusive, hands-on policy experience with the most influential congressional and executive offices in the nation's capital. Over 300 fellows from across the nation have worked hand in hand with the best and brightest in federal health policy to gain an insider's perspective of the political process, develop unmatched leadership skills, and build a professional network that lasts a lifetime.





# BACHELOR OF SCIENCE IN NURSING PROGRAM

**RE-ACCREDITED FOR 10 YEARS**

**T**he Commission on Collegiate Nursing Education (CCNE) has re-accredited the Seattle University College of Nursing baccalaureate degree program in nursing for 10 years, extending its accreditation to December 31, 2032.

The program was reviewed by the CCNE Board of Commissioners using the CCNE Standards for Accreditation of Baccalaureate and Graduate Nursing Programs (2018). The Board determined that the program met all four accreditation standards and additionally determined that there were no compliance concerns with respect to the key elements.

“We were delighted when CCNE site visitors affirmed the high quality of our traditional and transfer BSN programs and the Advanced Practice Nursing Immersion/BSN portion of the DNP curriculum,” said Dean Kristen Swanson.

The Bachelor of Science in Nursing (BSN) program at SU is among the oldest nursing programs in Washington. Since its inception it has prepared 5,931 BSN prepared registered nurses to lead and transform care systems from a foundation of Jesuit values and social justice.

Seattle University College of Nursing has long offered opportunities for those pursuing their first health care career and for current health care professionals to expand their scope of practice. Study options include baccalaureate

programs in both nursing and diagnostic ultrasound, as well as a full complement of advanced practice nursing specialties, including DNP and Post Graduate Certificate programs for Adult-Gerontology Acute Care Nurse Practitioner, Adult-Gerontology Primary Care Nurse Practitioner, Family Nurse Practitioner, Family Psychiatric Mental Health Nurse Practitioner, and Nurse-Midwifery.

Over the last three years, the College of Nursing has invited CCNE, Accreditation Commission for Midwifery Education (ACME), and the Washington State Department of Health’s Nursing Care Quality Assurance Commission (NCQAC) to review our programs of study. The CON has received the maximum ten years of accreditation from CCNE and ACME and has been recognized for alignment with the Washington State Nursing Education regulations by NCQAC.

The baccalaureate degree program in nursing/Doctor of Nursing Practice program and post-graduate APRN certificate program at Seattle University is accredited by the Commission on Collegiate Nursing Education (<http://www.ccneaccreditation.org>).

The Seattle University, College of Nursing, Nurse-Midwifery, Doctor of Nursing Practice program is accredited by the Accreditation Commission for Midwifery Education (ACME), 8403 Colesville Road, Suite 1550, Silver Spring, MD 20910; 240-485-1802, [www.midwife.org/acme](http://www.midwife.org/acme). The Midwifery program is accredited through October 31, 2031.

# SCHOLARSHIP

## PUBLICATIONS

### JANIECE DESOCIO, PHD, RN, PMHNP-BC, FAAN

Bowen, F.R., Lewandowski, L.A., Snethen, J.A., Childs, G., Outlaw, F.H., Smith-Greenberg, C., Burke, P.J., Sloand, E., Gary, F., & DeSocio, J. (2021). A schema of toxic stress informed by racism, transgenerational stress, and disadvantage. *Journal of Pediatric Health Care*. <https://doi.org/10.1016/j.pedhc.2021.08.005>

### JENNIFER FRICAS, PHD, MPH, RN

Knott, K., & Fricas, J. (2022). Comprehensive initial evaluation of an innovative yearlong population health internship for undergraduates. *Public Health Nursing*, 39(6), 1255-1270. <https://doi.org/10.1111/phn.13117>

### AMANDA HEFFERNAN, MSN, CNM

Heffernan, A. (2022). Pregnancy in United States immigration detention: The gendered necropolitics of reproductive oppression. *International Feminist Journal of Politics*. <https://doi.org/10.1080/14616742.2022.2078393>

### ALEXIS KOUTLAS, DNP

Koutlas, A., & Jenkins, P. (2022). Reducing hospital admissions for patients with heart failure by implementing the chronic care management framework: A cost, quality, and satisfaction improvement project. *Journal of Doctoral Nursing Practice*, JDNP-2021-0019.R1. <https://doi.org/10.1891/jdnp-2021-0019>

### YUTING LIN, PHD, RN

Tung, W., Lin, Y., Chao, H.W., & Chen, Y. (2022). HPV vaccination, information sources, and acculturation among Chinese college students aged 18-26 in the United States. *Research in Nursing & Health*, 45(2), 194-204.

### CARRIE WESTMORELAND MILLER, PHD, RN, CNE, CHSE, IBCLC

Vandewark, A., Westmorland Miller, C., Brumbaugh, I., Haywood, Z., & Bearden, A.T. (2022). A rapid transition to virtual simulation: The creation of virtual simulation doulas. *Nursing Education Perspectives*, 43(3), 196-197. <https://doi.org/10.1097/01.NEP.0000000000000873>

### ROBIN NARRUHN, PHD, RN

Narruhn, R., & Espina, C. (2022). "I've never been to a doctor": Healthcare access for the Marshalllese in Washington State. *Advances in Nursing Science*. <https://doi.org/10.1097/ANS.0000000000000456>

### KUMHEE RO, DNP, FNP-BC, FAANP

Sin, M.K., & Ro, K. (2021). Factors influencing smoking decisions among older Korean-American men: A qualitative study. *Journal of Addictions Nursing*. <https://doi.org/10.1097/JAN.0000000000000429>

Mokel, M., Behnke, L., Gatewood, E., Mihaly, L., Newberry, E., Lovenanc, K., Ro, K., Bellflower, B., Tabi, M., & Kuster, A. (2022). Mentoring and support for under-represented faculty: An integrative research review. *Nurse Educator*, 47(2), 81-85.

### ALIC G. SHOOK, PHD, RN

Shook, A., Tordoff, D., St. Pierre-Nelson, W., Clark, A., Hardwick, R., & Kantrowitz-Gordon, I. (2022). Trans youth talk back: A Foucauldian discourse analysis of transgender minors' accounts of healthcare access. *Qualitative Health Research*, 32(11), 1672-1689. <https://doi.org/10.1177/10497323221114801>

Shook, A., Buskin, S., Golden, M., Dombrowski, J., Herbeck, J., Lechtenberg, R., & Kerani, R. (2022). Developing an intervention to interrupt transmission of molecular HIV clusters: Perspectives from community members & providers in Seattle-King County. *Journal of the Association of Nurses in AIDS Care*, 33(3), 270-282.

Minalga, B., Chung, C., Davids, J.D., Martin, A., Perry, N.L., & Shook, A. (2022). Research on transgender people must benefit transgender people. *The Lancet*, 399(10325), 628.

Tordoff, D., Sequeira, G.M., Shook, A., Williams, F., Hayden, L., Kasenic, A., Inwards-Breland, D., & Ahrens, K. (2022). Factors associated with time to receiving gender affirming care at a multidisciplinary pediatric gender clinic serving transgender and non-binary youth. *Transgender Health*. <https://doi.org/10.1089/trgh.2021.0116>

### MO-KYUNG SIN, PHD, RN, FGSA

Sin, M.K., & Ro, K. (2021). Factors influencing smoking decisions among older Korean-American men: A qualitative study. *Journal of Addictions Nursing*. <https://doi.org/10.1097/JAN.0000000000000429>

Do, N., Mitchell, S., Sturgill, L., Khemani, P., & Sin, M.K. (2022). Speech and swallowing problems in Parkinson disease. *The Journal for Nurse Practitioners*. <https://doi.org/10.1016/j.nurpra.2022.05.019>

Kim, H., Zhang, S., & Sin, M.K. (2022). Cannabidiol (CBD) consideration in Parkinson disease. *The Journal for Nurse Practitioners*, 18(6), 611-613.

### DIANE FULLER SWITZER, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP

Denke, N., Hallman, M., House, D., & Fuller Switzer, D., & Wilbeck, J. (2021). Emergency Nurse Practitioner Competencies. *American Academy of Emergency Nurse Practitioners and Emergency Nurses Association. Emergency Nurse Practitioners Competencies Workgroup*.

Davis, W.D., Denke, N., Hallman, M.G., House, D., Fuller Switzer, D., & Wilbeck, J. (2022). Guest editorial: Collaboration yields 2021 ENP Competencies. *Advanced Emergency Nursing Journal*, 44(2), 75-77. <https://doi.org/10.1097/tme.0000000000000411>

### AURORA VANDEWARK, MSN, RN

Vandewark, A., Westmorland Miller, C., Brumbaugh, I., Haywood, Z., & Bearden, A.T. (2022). A rapid transition to virtual simulation: The creation of virtual simulation doulas. *Nursing Education Perspectives*, 43(3), 196-197. <https://doi.org/10.1097/01.NEP.0000000000000873>

## PRESENTATIONS

### LISA ABEL, DNP, ARNP, WHNP-BC

Abel, L. (2021, October). *Improving access to cervical cancer screening in homeless women through self-collection of HPV: A pilot study* [Poster]. Advanced Practice in Primary Care Conference, Seattle, WA, Virtual.

Abel, L. (2022, June). *STI Update: New CDC STI guidelines and treatments* [Presentation]. Adult/Geriatric Pharmacology Conference 2022, Seattle, WA, Virtual.

### JENNIFER FRICAS, PHD, MPH, RN

Fricas, J. (2022, March). *An introduction to the background and logistics of the photovoice research method* [Invited Presentation]. The Catholic University of Korea College of Nursing and the Research Institute for Hospice and Palliative Care (a WHO Collaborating Center), Seattle, WA, Virtual.

Fricas, J. (2022, April). *Pandemic, protests, and perseverance: Learning from the experiences of BIPOC nursing students through participatory photography* [Presentation]. Comparative International Education Society Annual Conference, Minneapolis, MN.

Continued on page 7



## COLLEGE OF NURSING DEAN'S LECTURE ENDOWED BY **DR. LUTH M. TENORIO**

**L**ast year Luth M. Tenorio, Dean Emerita of SU College of Nursing graciously endowed the College of Nursing Dean's Annual Lecture. In her honor, the lecture is now named, the "Dr. Luth M. Tenorio College of Nursing Dean's Endowed Lectureship."

Dr. Tenorio was instrumental in the initial establishment of the annual lecture, which represents a commitment to bringing together the College of Nursing and the community, to hear from nursing and other health care leaders and engage participants in discussions on topics that are meaningful to nursing and health care. Through her generosity, in perpetuity, the college will be able to invite national and international nursing and health experts to campus.

In 2022, the college was honored to welcome Coretta Jenerette, PhD, RN, AOCN, CNE, ANEF, FAAN, Professor and Associate Dean for Diversity, Equity, & Inclusivity at University of South Carolina College of Nursing as the

inaugural Dr. Luth M. Tenorio College of Nursing Dean's Endowed Lecturer.

In her lecture, "Social Justice Advocacy—Necessary Trouble," Dr. Jenerette used examples from her research and the literature to define and explore social justice advocacy as a necessity for health equity. Dr. Jenerette was drawn to this research as a staff nurse when she witnessed the disparities in pain management as lived by those who lived with sickle cell disease and the inequities in care that were fueled by social determinants of health. Dr. Jenerette is a servant leader, exquisite nurse scientist, and social justice advocate.

Many alumni, faculty, staff, and students were in attendance for the lecture, which invited audience members to discern where they are on the social justice advocacy continuum. Her exploration of social justice advocacy as a necessity for health equity was enlightening and provoked great conversation between those in attendance and Dr. Jenerette.





## SCHOLARSHIP

Continued from page 5

### **ANGELO JOHN MENDOZA (JAMORA), THDc, MSN, PgCERT, ARNP, RN, CNM, FAWM, FRSPH**

Jamora, A. (2021, November). *State-level health policy and perinatal health indicators: A state of the science review* [Presentation]. American College of Nurse-Midwives Health Policy Summit, Virtual.

Jamora, A. (2022, April). *Male BIPOC Midwife* [Keynote]. College Day of Learning Sessions, Shoreline Community College, Shoreline, WA, Hybrid.

Jamora, A. (2022, May). *Gender equity in midwifery: 1 in 100* [Round Table Presentation]. American College of Nurse-Midwives Annual Conference and Exhibition, Chicago, IL.

Jamora, A. (2022, May). *Male BIPOC Midwife* [Keynote]. Nurses Week Program, Shoreline Community College, Shoreline, WA, Virtual.

### **AMANDA HEFFERNAN, MSN, CNM**

Heffernan, A. (2022, April). *Pregnancy in United States immigration detention: Listening to migrant women's stories* [Poster]. Western Institute of Nursing Conference, Portland, OR.

Heffernan, A. (2022, May). *El embarazo en los centros de detención migratorios de los Estados Unidos: La necropolítica de género de la opresión reproductiva* [Presentation]. Seminario Estudios Críticos del Derecho y Migraciones, Universidad Nacional Autónoma de México, Mexico City, Mexico, Virtual.

Heffernan, A. (2022, May). *Pregnancy in United States immigration detention: Listening to migrant women's stories* [Poster]. American College of Nurse-Midwives 67th Annual Meeting, Chicago, IL, Virtual.

### **KUMHEE RO, DNP, FNP-BC, FAANP**

Ro, K. (2021, August). *Episode 5: Microaggressions in academia* [Podcast]. National League of Nursing, Nursing Edge Unscripted Scholarship.

Villarreal, J., Ro, K. (2021, October). *Addressing racial and ethnic diversity in the pharmacy workforce: Defining the pipeline model* [Poster]. Washington State Pharmacist Association, Cle Elum, WA.

Ro, K. (2022, February). *Addressing health disparities-A pilot project in nursing pharmacology* [Presentation]. Pilot Initiatives on Anti-racist Education: Curriculum Development Cohort, Lightning Talks, Seattle University, Seattle, WA, Virtual.

Behnke, L., Broholm, C., Gatewood, E., Hildebrand, J., Kirkland, T., Mcleod-Sordjan, R., Mihaly, L., Onubogu, U., Ro, K., Padilla, B., & Steed, J. (2022, April). *Facilitating innovative strategies & accountability to advance diversity equity inclusion and belonging in advanced practice nursing education* [Presentation]. National Organization of Nurse Practitioner Faculties, Minneapolis, MN.

### **GAYLE ROBINSON PHD, RN**

Canty, L., Robinson, G., Manning, F., Hagedorn, S., LeBlanc, R., & Mokol, M. (2021, October). *Our voices: A documentary on the experiences of nurses of color with racism in nursing* [Presentation]. UMass Amherst College, Amherst, MA.

Robinson, G., & Williams, P. (2021, December). *Self-management workshop: Living with chronic disease* [6-week session]. African American Reach and Teach Health Ministry (AARTH), Seattle, WA

Robinson, G. (2022, February). *Health risk assessment tools-Artificial intelligence client voice, client choice* [Presentation]. Initiative in Ethics and Transformative Technologies (IETT) Fellow Program, Seattle University, Seattle, WA.

Canty, L., Robinson, G., Manning, F., Hagedorn, S., & LeBlanc, R. (2022, June). *Nurses reckoning with racism. Interviews with nurses of color* [Presentation]. Unveiling of website <https://reckoningwithracisminnursing.org/>

### **ALIC G. SHOOK, PHD, RN**

Tordoff, D., Minalga, B., Herbeck, J., & Shook, A. (2022). *Engaging community in the use of molecular HIV surveillance data* [Panelist]. Positive Women's Network, Virtual.

### **MO-KYUNG SIN, PHD, RN, FGSA**

Sin, M.K., & Cheng, Y. (2021, November). *Association between late-life hypertension and resilience to Alzheimer dementia among older adults* [Presentation]. Gerontological Society of America, Virtual.

### **DIANE FULLER SWITZER, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP**

Fuller Switzer, D. (2022, June). *The development of praxis in adult-gerontology acute care nurse practitioner students with simulation exercises and reflection papers* [Presentation]. American Association of Nurse Practitioners National Conference, Orlando, FL.

### **ANNETTE J. THOMAS, PHD, RN**

Thomas, A. (2022, April). *Growth curve analyses of stressful life events: Observations from the Seattle Midlife Women's Health Study (SMWHS)* [Poster]. Western Institute of Nursing Conference, Portland, OR.

# SCHOLARSHIP

# STUDENT SCHOLARLY PROJECTS

## DOCTOR OF NURSING PRACTICE

### ADVANCED COMMUNITY PUBLIC HEALTH NURSING PROGRAM

Jesse Havens, DNP '22, RN, *Improvements for Policy Implementation: Assessing School Nurses' Knowledge, Attitudes and Barriers Related to Opioid Overdose Response in Seattle Public Schools*. Chair: Jonnae Tillman, DNP, PMHNP-BC, Reader: Lauren Valk Lawson, DNP, RN.

### ADULT-GERONTOLOGY ACUTE CARE NURSE PRACTITIONER PROGRAM

Snezana Dimovski, DNP '22, RN, *A Program Evaluation of New Guidelines for the Medical Assessment and Treatment of Non-Fatal Strangulation*. Chair: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, Reader: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Mallory Dupriest, DNP '22, RN, *System Persistence and Health-Related Quality of Life Impacts on Patients Following an Acute COVID-19 Infection*. Chair: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP, Reader: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Nikole Goocher, DNP '22, RN, *Timing of Extracorporeal Membrane Oxygenation Therapy in SARS-CoV-2*. Chair: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP, Reader: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Chelsea Holman, DNP '22, RN, PCCN, *Evaluation of a New Graduate Registered Nurse Mentoring Program on an Intermediate Care Unit*. Chair: Kumhee Ro, DNP, FNP-BC, FAANP, Reader: Jaime Navetta DNP, RN, CNE.

Sunita Khadka, DNP '22, RN, *Association between Neurological Pupillary Index and Constriction Velocity in Traumatic Brain Injury Patients and Discharge Disposition: A Retrospective Project*. Chair: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, Reader: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Tatiana Motschman, DNP '21, RN, *Implementation of Interprofessional Bedside Rounds in Non-Critical Care Units*. Chair: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP, Reader: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Morgan Newkirk, DNP '22, RN, *Iron Deficiency in Acute Decompensated Heart Failure and the Effects of IV Iron Replacement on Heart Failure*

*Readmission Rates*. Chair: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP, Reader: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Bernice Francesca Rebutiaco, DNP '22, RN, *Implementation of Central-line Associated Bloodstream Infection Audit Tool through a Multidisciplinary Approach*. Chair: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, Reader: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Justin Yoshimoto, DNP '22, RN, *An Evaluation of a Palliative Care Consult Screening Tool for the Intensive Care Unit: A Quality Improvement Project*. Chair: Anita Jablonski, PhD, RN, CNE, Reader: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

### ADULT-GERONTOLOGY PRIMARY CARE NURSE PRACTITIONER PROGRAM

Bobbie Beard, DNP '22, RN, *Educating Primary Care Providers to Include Community Health Care Workers Within a Health Care System*. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN, Reader: Elizabeth Gabzdyl, DNP, CNM, ARNP.

Diane Beary, DNP '22, RN, PCCN, CNRN, and Linda Lee, DNP '22, RN, *Evaluating the Quality of Electronic Decision Aids for Birth Control and Recommendations for Practice in Primary Care*. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN, Reader: Ambera Dedic, DNP, ARNP, FNP-C.

Carson Daman, DNP '22, RN, *Improving Oral Health Education for DNP Students*. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN, Reader: Jia Wang, DDS.

Gabrielle Geiger, DNP '22, RN, *Explaining Suicidality Triage to Primary Care Nurses: Improving Confidence and Knowledge*. Chair: Jonnae Tillman, DNP, PMHNP-BC, Reader: Michael Huggins, PhD, EdD, APRN, FAANP.

Joshua Jennings, DNP '22, RN, *Utility of Lille Apathy Rating Scale for Assessing CNA's in a Long Term Care Setting*. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN, Reader: Alyssa Spingola, MN, ARNP, FNP-BS.

Reanna Moore, DNP '22, RN, *Optimizing Food Access in the Enhanced Shelter Environment: A Policy Evaluation Project*. Chair: Gayle Robinson, PhD, RN, Reader: Lauren Valk Lawson, DNP, RN.

Melissa Robles, DNP '22, RN, *Substance Use in Nurses During COVID-19*. Chair: Mo-Kyung Sin, PhD, RN, FGSA, Reader: Madison Hilgendorf, MS, RDN, CD, CCTD.

Stephanie Sirisithi, DNP '22, RN, *Use of Virtual Resources for Older Adults with Mild Depressive*

*Symptoms*. Chair: Mo-Kyung Sin, PhD, RN, FGSA, Reader: Alexi Vasbinder, PhD, RN.

Ruo Han (Sellenna) Zhang, DNP '22, RN, *Patient Perception of Telenephrology in Outpatient Dialysis during the Covid-19 Pandemic*. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN, Reader: Suzanne Watnick, MD.

### CERTIFIED NURSE-MIDWIFERY PROGRAM

James H. Austin, DNP '21, *Culturally Responsive Care During Pregnancy Loss Among Refugee and Immigrant Patients*. Chair: Lisa Abel, DNP, ARNP, WHNP-BC, Reader: Elizabeth Gabzdyl, DNP, CNM, ARNP.

Emily Bavasi, DNP '22, RN, *Early Pregnancy Loss Management in the Emergency Department: Can we do better?* Chair: Kristen Swanson, PhD, RN, FAAN, Reader: James Austin, DNP, CNM, IBCLC.

Chelsey Chen, DNP '22, RN, *Developing a Formative Evaluation Tool: Project Nurture*. Chair: Colleen Woolsey, PhD, ARNP, Reader: Diana Louise Smith, MS, CNM.

Shoshana Dickerson, DNP '22, RN, *Nursing Care for Transgender and Nonbinary Patients: An Educational Model for Forensic Nurse Examiners*. Chair: Alic Shook, PhD, RN, Reader: Amanda Heffernan, MSN, CNM.

Melinda Eng, DNP '22, MSFS, RN, *Evaluating Levels of Depression, Anxiety and Stress in Women Undergoing IVF Treatments*. Chair: Lisa Abel, DNP, ARNP, WHNP-BC, Reader: Kit Devine, DNP, WHNP-BC, APRN, FAANP.

Tiara Gero, DNP '22, RN, and Katelyn Guzman, DNP '22, RN, *FLASH Curriculum Toolkit for Middle School Educators*. Chair: Lisa Abel, DNP, ARNP, WHNP-BC, Reader: Jacqueline Murillo, FNP.

Sarah Martin, DNP '21, RN, *Context Matters: Evaluating the Influence of Patient Demographics and In-Patient Care Parameters on Breastfeeding Outcomes Associated with the Baby Friendly Hospital Initiative*. Chair: Danuta Wojnar, PhD, RN, MED, IBCLC, FAAN, Reader: Patrick Murphy, PhD.

Amanda Osei, DNP '22, RN, and Iman Yunis, DNP '22, RN, *Best Practices for Health Equity and Antiracism Curriculum for Healthcare Workers regarding SB 5229*. Chair: Robin Narruhn, PhD, RN, Reader: Therry Eparwa, DNP, FNP-BC.

Madolyn Rubinich, DNP '22, MIPH, RN, *A New Way of Teaching Breech Birth: An Evaluation of Breech Without Borders' Workshop for Healthcare Professionals*. Chair: Elizabeth Gabzdyl, DNP, ARNP, CNM, Reader: Kelly McBroom, PhD, ARNP, CNM.

Continued on page 9



Taylor Stockman, DNP '22, RN, *Implementation and Evaluation of an Intimate Partner Violence Screening Tool in an Outpatient Obstetrics Setting*. Chair: Lisa Abel, DNP, ARNP, WHNP-BC, Reader: Kristi Cunningham, MN, RN-BC, CDE.

Natasha Zamora, DNP '22, RN, *Improving Access to Appropriate Level of Psychiatric Care for Youth in Washington State*. Chair: Elizabeth Gabzdyl, DNP, ARNP, CNM, Reader: Amanda Heffernan, MSN, CNM.

#### **FAMILY NURSE PRACTITIONER PROGRAM**

Hamdi Abdi, DNP '22, RN, *Group-Based Diabetes Self-Management Education for Somali Population with Type II Diabetes Mellitus*. Chair and Reader: Danuta Wojnar, PhD, RN, MED, IBCLC, FAAN.

Nawaf Alfaouri, DNP '22, RN, *A Public Health Critical Race Praxis Approach to Anti-Racism in Nursing Academia*. Chair: Jennifer Fricas, PhD, MPH, RN, Reader: Michael Huggins, PhD, EdD, APRN, FAANP.

Natalie Bailey, DNP '22, RN, *Effects of Pain Neuroscience Education Among Low-Income Veterans with Chronic Pain*. Chair: Therry Eparwa, DNP, FNP-BC.

Anne Balentine, DNP '22, RN, *Caring for Patients with Obesity: An Intervention to Reduce Bias in Healthcare*. Chair: Robin Narruhn, PhD, RN, Reader: Brianna Woodruff, ARNP, FNP-C.

Christina Borselli, DNP '22, RN, *Self-Efficacy and Inflammatory Arthritis Treatment Initiation for Primary Care Providers in Rural Washington State*. Chair: Jonnae Tillman, DNP, PMHNP-BC, Reader: Alyssa Spingola, MN, ARNP, FNP-BS.

Amy Brenner, DNP '22, RN, *Implementation of a Patient Satisfaction Survey: A Pilot Project*. Chair: Jeanne Lowe, PhD, RN, Reader: Tara Hicks, DNP, RN.

Sarah Christensen, DNP '22, RN, CPN, *Preventing Kernicterus: Racial Equity for Neonatal Jaundice*. Chair: Carrie Westmoreland Miller PhD, RN, CHSE, CNE, IBCLC, Readers: Brenda Broussard PhD, RN, IBCLC and Gayle Robinson, PhD, RN.

Vanessa De La Torre, DNP '22, RN, and Hannah Heinonen, DNP '22, RN, *Wound Assessment and Treatment: Closing the Nursing Knowledge Gap*. Chair: Heather DePuydt, DNP, MSN Ed, RN, RYT, Reader: Jeanne Lowe, PhD, RN.

Sonam Dolkar, DNP '22, RN, *Venous Ulcer Wound Care Management*. Chair: Therry Eparwa, DNP, FNP-BC, Reader: Maura Carroll, DNP, MPH, FNP-BC.

McKenzie Golden, DNP '22, RN, *Enhancing Diversity in the Nursing Workforce: An Evaluation of MultiCare's Nurse Pipeline Program*. Chair: Kumhee Ro, DNP, ARNP, FNP-BC, Reader: Danuta Wojnar, PhD, RN, MED, IBCLC, FAAN.

Maye Ismail, DNP '22, RN, *Identifying and Addressing Racial Disparities at STEP's Suboxone Clinic Program Requirements*. Chair: Jennifer Fricas, PhD, MPH, RN, Reader: Alyssa Spingola, MN, ARNP, FNP-BS.

Matthew Johnson, DNP '22, RN, *Healthcare Disparities in Rural Veterans*. Chair: Maj Bradley Smith, PA-C, Reader: Jennifer Fricas, PhD, MPH, RN.

Nazira Juneiyd, DNP '22, RN, *Evaluation of Group-Based Diabetes Self-Management Education for Oromo Population with Type II Diabetes Mellitus*. Chair and Reader: Danuta Wojnar, PhD, RN, MED, IBCLC, FAAN.

Ishwerjot Kaur, DNP '22, RN, *Comparison of Characteristics of Patients with HF Between Readmission within 30 days of Discharge and Without Readmission: A Retrospective Chart Review*. Chair: Mo-Kyung Sin, PhD, RN, FGSA, Reader: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Janin Khaleel, DNP '22, RN, *Improving Continuity of Mental Health Care for Women: Jail Release to Community Re-entry*. Chair: Colleen Woolsey, PhD, ARNP, Reader: Ryan Quirk, PhD.

Morgan Larid, DNP '22, RN, *Improved Knowledge in Nursing Staff with an Educational Intervention on Patient Fall Risk and Prevention at a Long-Term Care Facility*. Chair: Jeanne Lowe, PhD, RN, Reader: Linda S. Johnson Trippett, MSN, RN.

Linda Lee, DNP '22, RN, and Diane Beary, DNP '22, RN, PCCN, CNRN, *Evaluating the Quality of Electronic Decision Aids for Birth Control and Recommendations for Practice in Primary Care*. Chair: Bonnie Bowie, PhD, MBA, RN, FAAN, Reader: Ambera Dedic, DNP, ARNP, FNP-C.

Emma Lieuwen, DNP '22, RN, *Building Resources for Transgender and Non-Binary Youth: A Sexual Health Toolkit*. Chair: Alic Shook, PhD, RN, Reader: Maura Carroll, DNP, MPH, FNP-BC.

Gregory Lucas, DNP '22, RN, *A Quality Improvement Project: Evaluation of Medication Error Reporting in an Inpatient Drug and Alcohol Addiction Treatment Center*. Chair: Daniel Cline, PhD, RN, Reader: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

Sara Martin-Washo, DNP '22, MPH, MBA, RN, *Health Promotion and Evaluation of Helicobacter Pylori for King County Oromo*. Chair: Gayle Robinson, PhD, RN, Reader: Mo-Kyung Sin, PhD, RN, FGSA.

Samuel Medick, DNP '22, RN, *Assessing Staff Knowledge of HCV and Perceived Barriers to Treatment at an Integrated Substance Use Disorder Clinic*. Chair: Colleen Woolsey, PhD, ARNP, Reader: Donald Baumer, ARNP.

Alejandra Mercado-Roa, DNP '22, RN, *Improving Mammogram Rates in Black Females Aged 55-74*. Chair: Jennifer Fricas, PhD, MPH, RN, Reader: Mary Micikas, ARNP.

Belen Mesele, DNP '22, RN, and Pauran Monirzad, DNP '23, RN, *Increasing Health Literacy Regarding Management of Hypertension Among the Ethiopian Community of Seattle*. Chair: Robin Narruhn, PhD, RN, Reader: Ehsan Shayegan, MA, MAPP.

Kathryn Rawson, DNP '22, RN, *Defining Covid-19 Vaccine Hesitancy Among Healthcare Staff in a Skilled Nursing Facility*. Chair: Therry Eparwa,

DNP, FNP-BC, Reader: Sakisha Delves, DNP, ARNP, PMHNP-BC.

Janelle Schwittay, DNP '22, RN, PCCN, *Improving the New Graduate Nurse Residency Program Through Enhanced Preceptor Education*. Chair: Kumhee Ro, DNP, FNP-BC, FAANP, Reader: Jaime Navetta DNP, RN, CNE.

Samira Shokati, DNP '22, RN, *Lack of Medication Adherence and Polypharmacy in Geriatric Population*. Chair: Anita Jablonski, PhD, RN, CNE, Reader: Robin Narruhn, PhD, RN.

Lianabell Soto-Silva, DNP '22, RN, and Sydney Berkman, DNP '22, RN, *Standardizing Substance Use Screening and Increasing Access to Harm-Reducing Treatment Through a Pilot Implementation of Screening, Brief Intervention, and Referral to Treatment (SBIRT)*. Chair: Jeanne Lowe, PhD, RN, Reader: Lorraine Hoover, MHA, RN-BC.

Alvina Wong, DNP '22, RN, CEN, and Hannah Kramer, DNP '22, RN, *BE-FAST Assessments in Emergency Departments to Increase Recognition of Posterior Circulation Strokes*. Chair: Annette Thomas, PhD, RN, Reader: Janiece DeSocio, PhD, RN, PMHNP-BC, FAAN.

#### **HEALTH SYSTEMS LEADER POST-MASTER'S DNP PROGRAM**

Mixayphone Bounvilay, DNP '22, ARNP, CNM, *Support and Mentorship Model for Midwifery Students of Color*. Chair: Kelly McBroom, PhD, ARNP, CNM, Reader: Elizabeth Gabzdyl, DNP, ARNP, CNM.

Aubrey Lawlor, DNP '22, RN, *Care and Considerations for the Afterbirth*. Chair: Kelly McBroom, PhD, ARNP, CNM, Reader: Elizabeth Gabzdyl, DNP, ARNP, CNM.

Jaime Navetta, DNP '21, RN, CNE, *Assessing and Enhancing Knowledge of Mentorship Best Practices Among Nursing Faculty: A DNP Quality Improvement Project*. Chair: Daniel Cline, PhD, RN, Reader: Toni Vezeau, PhD, RN-C.

#### **PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER PROGRAM**

Reece Allawatt, DNP '21, RN, and Ioana Hall, DNP '21, RN, *A Quality Improvement Project: Implementing a Homelessness Vulnerability Screening Tool for Young Adults in the Inpatient Behavioral Health Setting*. Chair: Janiece DeSocio, PhD, RN, PMHNP-BC, FAAN.

Jeremy Bang, DNP '22, RN, *Adult Depression Screening in Primary Care*. Chair: Kristen M. Swanson, PhD, RN, FAAN, Reader: Sarah Vanston, MD.

Jana Banjanin, DNP '22, RN, *Safety Huddle Effectiveness in Improving Adult Inpatient Psychiatric Unit Safety*. Chair: Janiece DeSocio, PhD, RN, PMHNP-BC, FAAN, Reader: Jeanne Lowe, PhD, RN.

Marlene Bergman, DNP '22, RN, *Improving Outcomes for People with Substance Use Disorders by Improving Healthcare Providers Attitudes and Language*. Chair: Jonnae Tillman, DNP, PMHNP-BC, Reader: Heather DePuydt, DNP, MSN Ed, RN, RYT.

Continued on page 10

## STUDENT SCHOLARLY PROJECTS

Continued from page 9

Sydney Berkman, DNP '22, RN, and Lianabell Soto-Silva, DNP '22, RN, *Standardizing Substance Use Screening and Increasing Access to Harm-Reducing Treatment Through a Pilot Implementation of Screening, Brief Intervention, and Referral to Treatment (SBIRT)*. Chair: Jeanne Lowe, PhD, RN, Reader: Lorraine Hoover, MHA, RN-BC.

Daniel Brusser, DNP '22, RN, *Mindfulness for Inpatient Psychiatric Clinical Staff: Designing and Evaluating a Pilot Intervention to Reduce Stress and Burnout*. Chair: Jeanne Lowe, PhD, RN, Reader: MaryAnne C. Murray, DNP, PMHNP-BC, CARN-AP, ARNP.

Ben Duchin, DNP '22, RN, and Daniel Riojas, DNP '22, RN, *Substance Use and Peer Support in Permanent Supportive Housing*. Chair: Janiece DeSocio, PhD, RN, PMHNP-BC, FAAN, Reader: Malia Alexander, MSN, ARNP, PMHNP-BC.

Gabriel Hardt, DNP '22, RN, *Decreasing Restraints on the Seattle Children's Hospital Psychiatry and Behavioral Medicine Unit*. Chair: Hyun Jung Kim, PhD, RN, Reader: Colleen Coyne, MN, PMHNP.

Perry Loiselle, DNP '22, RN, and Luke Van de Krol, DNP '22, RN, *Exploring Current Practices of Pediatric Providers Serving Transgender/Gender Non-Conforming (TGNC) Youth 12 Years of Age and Under in the Washington, Alaska, Montana, Idaho Region*. Chair: Alic Shook, PhD, RN, Reader: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

Danielle McLaughlin, DNP '22, RN, *Improving Provider Confidence in Treating Opioid-Induced Constipation through an Educational Intervention*. Chair: Carrie Westmoreland Miller PhD, RN, CHSE, CNE, IBCLC, Reader: Gabriel Hart, DNP, RN.

Raissa Meegan, DNP '22, RN, *A Formative Evaluation Using RE-AIM Framework for Enhanced Shelter Services*. Chair: Lauren Valk Lawson, DNP, RN, Reader: Jonnae Tillman, DNP, PMHNP-BC.

Natalie Puc, DNP '22, RN, *Compulsory Commitment: A Policy Analysis of State Mental Health Systems*. Chair: Lauren Lawson, DNP, RN, Reader: Erin Delsol, MSN, ARNP.

Shannon Sommer, DNP '21, JD, MPH, RN, *Increasing Certified Nurse Midwife Knowledge and Confidence in Screening for Perinatal Eating Disorders through an Online Training*. Chair: Jonnae Tillman, DNP, PMHNP-BC, Reader: Cheryl Cooke, PhD, DNP, PMHNP-BC.

Mario Velasquez, DNP '22, RN, *Implementation of Mindfulness-Based Intervention to Reduce Compassion Fatigue and Burnout*. Chair: Heather DePuydt, DNP, MSN Ed, RN, RYT, Reader: Malia Alexander, MSN, ARNP, PMHNP-BC.

Iman Yunis, DNP '22, RN, and Amanda Osei, DNP '22, RN, *Best Practices for Health Equity and Antiracism Curriculum for Healthcare Workers regarding SB 5229*. Chair: Robin Narruhn, PhD, RN, Reader: Therry Eparwa, DNP, FNP-BC.

# FUNDING

## EXTERNAL AWARDS

### NEW

**Carrie Westmoreland Miller**, PhD, RN, CHSR, CNE, IBCLC, "Enhancing Simulation Fidelity in Nursing Education," The Hearst Foundation, (awarded FY22), January 1, 2023-December 31, 2025, \$200,000.

**Alic G. Shook**, PhD, RN, "Using Youth-Engaged Methods to Develop a Technology-Based Sexual Education Intervention for Transgender & Gender-Expansive Youth," Technology & Adolescent Mental Wellness (TAM) Program, University of Madison-Wisconsin, November 1, 2021-October 31, 2022, \$4,500.

**Alic G. Shook**, PhD, RN, & C. Shearer, "Stigma, Power, and Sickle Cell Disease: An Analysis of Nurses' Attitudes, Perspectives, and Practice Patterns," Seattle Children's Research Institute Nursing Research Grant Program, \$10,000.

**Mo-Kyung Sin**, PhD, RN, FGSA, "Blood Pressure, Amyloid  $\beta$  and tau, and Cerebral Amyloid Angiopathy: A Pathway for Alzheimer's Dementia Management," National Institutes of Health (NIH), May 1, 2022-April 30, 2024, \$268,576.

**Mo-Kyung Sin**, PhD, RN, FGSA, "Blood Pressure, Microinfarcts, and Dementia: A Pathway for Alzheimer's Disease Management," National Institutes of Health (NIH), September 1, 2021-May 31, 2023, \$287,982.

### CONTINUING

**Bonnie H. Bowie**, PhD, MBA, RN, FAAN and **Kristen M. Swanson**, PhD, RN, FAAN, "International Community Health Services Nurse Practitioner Residency Academic Partnership," International Community Health Services (ICHS), July 1, 2019-June 30, 2023, \$69,200.

**Mary Field**, DNP, MBA, RN, CPHON (BSN '07, DNP '20), "A Longitudinal Cross-Sectional Evaluation of Nursing Satisfaction with the Electronic Medical Record," Seattle Children's Hospital, 2019-2022, \$9,923.

**Jean Lowe**, PhD, RN and **Kristen M. Swanson**, PhD, RN, FAAN, "SeaMar Community Health Services Nurse Practitioner Residency Academic Partnership," SeaMar Community Health Services, July 1, 2019-June 30, 2023, \$69,200.

## INTERNAL AWARDS

### NEW

**Dan Cline**, PhD, RN, ANP-BC, CEN, and **Jaime Navetta**, DNP, RN, CNE, "Exploring the 4M's—what Matter, Mobility, Medication and Mentation in Older Adult Snowbirds," Seattle University College of Nursing Seed Grant, 2022-2023, \$7,500.

**Elizabeth Gabzdyl**, DNP, ARNP, CNM, "Reimagining the DNP Internship Series," Seattle University College of Nursing Seed Grant, 2022-2023, \$7,500.

**Patrick Murphy**, PhD, "Clinical Pharmacology & Molecular Diagnostics Lab," Seattle University College of Nursing Seed Grant, 2022-2023, \$7,500.

**Kelly McBroom**, PhD, ARNP, CNM, "Vaccine Hesitancy in Pregnant Individuals: Exploring Personal Experiences to Ignite Meaningful Conversations," Seattle University Summer Faculty Fellowship, 2022.

**Diane Fuller Switzer**, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, **Suzan Griffis Knowles**, DNP, RN-BC, & **Carrie Westmoreland Miller**, PhD, RN, CHSR, CNE, IBCLC, "Ethics: Crisis Standards of Care Simulation," Seattle University College of Nursing Seed Grant, 2022-2023, \$7,500.

**Kumhee Ro**, DNP, APRN, FAANP, "Promoting Diversity of Healthcare Workforce: Collaborative Partnership," Seattle University College of Nursing Seed Grant, 2022-2023, \$7,474.

**Kumhee Ro**, DNP, APRN, FAANP, **Margot Sprague**, MSN, RN, **Gayle Robinson**, PhD, RN, & **Yuting Lin**, PhD, RN, "Advancing Inclusive Excellence: Nursing Faculty Development Training," Seattle University Endowed Mission Fund, 2021-2022, \$4,300.

**Benjamin White**, PhD, RN, "The Role of School Nursing Supervisors in Creating a Resilient Workforce," Seattle University College of Nursing Seed Grant, 2022-2023, \$7,0440.

### CONTINUING

**Dan Cline**, PhD, RN, ANP-BC, CEN, and **Linda Johnson Trippett**, MSN, RN, "A Survey of Gerontological Nursing Education and the COVID-19 Pandemic: Is Change Needed?" Seattle University College of Nursing Seed Grant, 2021-2022, \$6,801.

Continued on page 11



**Kumhee Ro**, DNP, APRN, FAANP, “Interdisciplinary Lens to Diversify the Healthcare Workforce: Evaluation Tool for Educational Pipeline Programs,” Seattle University College of Nursing Seed Grant, 2021-2022, \$4,035.

**Kumhee Ro**, DNP, APRN, FAANP, “Provost’s Pilot Initiative on Anti-Racist Education: Curriculum Development Grant,” Seattle University, 2021-2022, \$3,000.

**Alic G. Shook**, PhD, RN, “Using Youth-Engaged methods to Develop a Technology-Based Sexual Education Intervention for Transgender and Gender-Expansive Youth,” Seattle University College of Nursing Seed Grant, April 1, 2021-February 2022, \$7,500.

**Mo-Kyung Sin**, PhD, RN, FGSA, “Alzheimer Disease & Parkinson Disease Nursing Student Ambassador Program,” Seattle University College of Nursing Seed Grant, April 1, 2021-March 31, 2022, \$7,250.

## FELLOWSHIPS

### EXTERNAL

#### ALUMNI

**Sofia Aragon**, BSN '97, JD, RN, Selected as Fellow, American Academy of Nursing, 2022.

#### FACULTY

**Angelo John Mendoza (Jamora)**, ThDc, MSN, PgCert, ARNP, RN, CNM, FAWM, FRSPH, Fellow, Academy of Wilderness Medicine, 2022.

**Angelo John Mendoza (Jamora)**, ThDc, MSN, PgCert, ARNP, RN, CNM, FAWM, FRSPH, Fellow, Royal Society for Public Health (UK), 2022.

**Renee Rassilyer-Bomers**, BSN/BAH '03, MSN '05, DNP '16, DNP, CMSRN, RN-BC, Fellow, American Academy of Nursing, 2022.

**Kumhee Ro**, DNP, APRN, FAANP, Fellow, The American Association of Nurse Practitioners, 2022.

**Kumhee Ro**, DNP, APRN, FAANP, Robert Wood Johnson Foundation Health Policy Fellows, Robert Wood Johnson Foundation, (awarded FY22), September 1, 2022-August 31, 2024, \$165,000.

**Gayle Robinson**, PhD, RN, Fellow, John Hopkins University Service-Learning Academy, June 2021-June 2022.

**Mo-Kyung Sin**, PhD, RN, FGSA, Fellow, The Gerontological Society of America, 2022.

## INTERNAL

**Jennifer Fricas**, PhD, MPH, RN, “Pandemic, Protests, and Perseverance: Learning from the Experiences of BIPOC Nursing Students through Participatory Photography,” Seattle University Summer Faculty Fellowship, July 2021-September 2021.

**Suzan Griffiths Knowles**, DNP, RN-BC, Fellow, “Ethics: Crisis Standards of Care,” Seattle University Initiative in Ethics and Transformative Technologies (IETT) Fellow Program, 2021-2022.

**Gayle Robinson**, PhD, RN, Fellow, Seattle University Initiative in Ethics and Transformative Technologies (IETT) Fellow Program, 2021-2022.

**Diane Fuller Switzer**, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, Fellow, “Ethics: Crisis Standards of Care,” Seattle University Initiative in Ethics and Transformative Technologies (IETT) Fellow Program, 2021-2022.

## SCHOLARSHIP RECIPIENTS

### FACULTY

**Colleen Woolsey**, PhD, ARNP, Nurse Educator Development Academy Scholar, Sigma Theta Tau International, 2022-2024.

### STUDENTS

**Samira Adan**, DNP '23, Washington State Opportunity Scholarship (WSOS) Graduate Scholar, 2021-2022.

**Jeremy Bang**, DNP '22, Washington State Opportunity Scholarship (WSOS) Graduate Scholar, 2021-2022.

**Jemimah Caoagdan**, BSN '22, Mary Buike Memorial Scholarship in Nursing, 2021-2022.

**Nicole DeBoer**, DNP '23, UW Premera Rural Nursing Health Initiative Grant, 2022.

**Julie Dinh**, BSN '23, Naef Scholar, Seattle University, 2022-2023.

**Zoë Evans-Agnew**, DNP '25, Graduate Award, King County Nurses Association, 2022.

**Trina Fowler**, DNP '23, UW Premera Rural Nursing Health Initiative Grant, 2022.

**Asmerom Ghirmai**, BSN '23, Basic Award, King County Nurses Association, 2022.

**Asmerom Ghirmai**, BSN '23, Alfie Scholar, Seattle University, 2021-2023.

**Mckenzie Golden**, DNP '22, Dr. Eileen Ridgway Endowed Nursing Scholarships, Seattle University, 2021-2022.

**Terazhya Grant**, BSN '22, Mary Mahoney Professional Nursing Organization Scholarship, 2022.

**Roda Hassan**, BSN '23, Basic Award, King County Nurses Association, 2022.

**Madeline Hess-Maple**, BSN '22, Keith and Kathleen Hallman Endowed Scholarship, Harrison Medical Center, 2021-2022.

**Nazira Juneiyd**, DNP '22, Dr. Eileen Ridgway Endowed Nursing Scholarships, Seattle University, 2021-2022.

**Pratistha Kharel**, BSN '23, Rosemary Ford Future of Oncology Nursing Scholarship, Seattle Cancer Care Alliance, 2022.

**Cindy Le**, BSN '23, Naef Scholar, Seattle University, 2022-2023.

**Jordan Little-Reece**, BSN '23, Naef Scholar, Seattle University, 2022-2023.

**Tamara Marquez**, BSN '23, Basic Award, King County Nurses Association, 2022.

**Khadija Mohamed**, BS DIUS '24, Naef Scholar, Seattle University, 2022-2023.

**Daniella Navarro**, DNP '25, Dr. Eileen Ridgway Endowed Nursing Scholarships, Seattle University, 2021-2022.

**Myriam Pierre Oluyinka**, DNP '24, Mary Mahoney Professional Nursing Organization Scholarship, 2022.

**Serah Ombongi**, BSN '23, Basic Award, King County Nurses Association, 2022.

**Serah Ombongi**, BSN '23, Alfie Scholar, Seattle University, 2021-2023.

**Elma Sacic**, BSN '23, Alfie Scholar, Seattle University, 2021-2023.

**Gabrielle Ann Son**, DNP '24, Keith and Kathleen Hallman Endowed Scholarship, Harrison Medical Center, 2021-2022.

**Janae Theodore**, BSN '23, Naef Scholar, Seattle University, 2022-2023.

**Salina Timalsina**, BSN '23, Alfie Scholar, Seattle University, 2021-2023.

**Aleysha Tsegga**, DNP '23, Lois Price Spratlen Foundation Scholarship, 2021-2022.

**Aleysha Tsegga**, DNP '23, Washington State Opportunity Scholarship (WSOS) Graduate Scholar, 2021-2022.

**Shirley Wang**, BSN '23, Naef Scholar, Seattle University, 2022-2023.

**Kate Wright**, DNP '25, Graduate Award, King County Nurses Association, 2022.

**NEW AWARDS FROM THE HEARST FOUNDATION AND  
WASHINGTON STUDENT ACHIEVEMENT COUNCIL  
PROVIDE CRITICAL SUPPORT FOR THE**

# **CLINICAL PERFORMANCE LAB**



DR. CARRIE MILLER

**T**he College of Nursing (CON), under the leadership of Dr. Carrie Miller, Associate Dean for Innovations in Clinical Education, was awarded \$480,000 in grant funding from the Washington Student Achievement Council (WSAC) and The Hearst Foundation in support of the CON Clinical Performance Lab (CPL). Funding will provide critical support to the CPL in clinical education of students through simulation-based scenarios facilitated by experienced faculty-clinicians.

“Learning in a simulated clinical environment provides nursing students with a safe and effective opportunity to exercise clinical judgement, practice therapeutic communication and master hands-on skills,” says Dean Kristen Swanson. “Seattle University College of Nursing is grateful for the Hearst Foundation and the Washington Student Achievement Council’s investment in simulated nursing education.”

Dr. Carrie Miller echoed the sentiments of Dean Swanson: “The CPL team will use the grant monies to address two specific learning needs of CON students—high-fidelity manikins for a state-of-the-art simulation space and trained actors to increase the realism of simulations. The goal of the CPL is to provide students with the opportunity to practice

communication skills, prioritization and caring behaviors in a safe learning environment.”

The \$280,000 in WSAC funds will support the purchase of nine new simulation manikins, enabling replacement of aging manikins, expanding learning opportunities for realistic, standardized, clinical scenarios, and increasing the number of manikins for health assessment and skills courses.

Funds in the amount of \$200,000 from The Hearst Foundation will further enhance the CPL by facilitating new simulated learning programs focused on emotionally—and technically—complex nursing care, culturally-aware communication, and setting priorities within a team-based approach. The grant will support simulation scenarios that employ ethnically-diverse trained actors as standardized patients and embedded family members. Simulated relationship-based care enables richer just-in-time coaching in patient and family centered-care than is possible through clinical experiences.

With this critical funding the CPL team will have resources needed to significantly enhance evidence-based simulation experiences that guide students in translating theoretical knowledge into clinical competence that is responsive to diversity, equity, and inclusionary considerations.



CELEBRATING 25 YEARS

# 2022

## EILEEN RIDGWAY OUTREACH SCHOLARS

Mckenzie Golden, DNP '22



Since 1996, the Dr. Eileen Ridgway Nursing Outreach Scholarship has inspired leadership development by encouraging student development in community outreach, service, and civic efforts.

### **Mckenzie Golden, DNP '22**

Mckenzie Golden is a recent graduate of the Family Nurse Practitioner program. In her project, she evaluated the MultiCare pipeline program, a week-long summer nurse camp that aims to increase recruitment of minority, first generation and low socioeconomic high school students into the nursing profession. The program introduces an average of 110 students to nursing across 4 neighboring counties each year.

Nazira Juneiyd, DNP '22



### **Nazira Juneiyd, DNP '22**

Nazira Juneiyd is a recent graduate the Family Nurse Practitioner program. Her project explored ways to promote better management of type II diabetes mellitus (T2DM) in underserved communities, specifically East African communities. She then implemented a community-based culturally tailored group diabetes education program focused on medication management, lifestyle modification, and T2DM knowledge for East African individuals diagnosed with T2DM.

Daniella Navarro, DNP '25



### **Daniella Navarro, DNP '25**

Daniella Navarro is a doctoral student in the Certified Nurse-Midwifery program. The purpose of her project, "Verducacion: Curandote con Comida [Vegga-cation: Healing the Body with Food]," was to offer culturally tailored healthy lifestyle classes through Madres de Casino Rd, an organization that supports over 300 families in addressing language barriers and food insecurities. It also offers parenting support, safe places for teens after school and access to educational programming.

# HONORS

## ACADEMIC APPOINTMENTS

### ENDOWED POSITIONS

#### Dr. Lester and Mary Ann Sauvage Endowed Professorship

Benjamin J. Miller, PhD, APRN, FNP-C, ACNPC, ENP-C, FAANP

### ADMINISTRATIVE APPOINTMENTS

#### Clinical Performance Lab Director

Suzan Griffis Knowles, DNP, RN-BC

### PROGRAM DIRECTORS

Mirette Aziz, MBA, RDMS, RDMS, Diagnostic Ultrasound Program

Carrie Westmoreland Miller, PhD, RN, CNE, CHSE, IBCLC, Advanced Practice Nursing Immersion Program (Interim)

Mary Shelkey, PhD, GNP-BC, ARNP, Adult-Gerontology Primary Care Nurse Practitioner Program

### ASSISTANT PROGRAM DIRECTOR

Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, Adult-Gerontology Acute Care Nurse Practitioner Program

## NEW APPOINTMENTS/ NEW HIRES

### ASSOCIATE PROFESSORS

Jila Mirlashari, PhD, RN

Melissa Owen, PhD

Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP

### ASSOCIATE CLINICAL PROFESSOR

Mary Shelkey, PhD, GNP-BC, ARNP

### ASSISTANT TEACHING PROFESSORS

Fatemeh Choupani, PhD

Stephen Mitchell, MPA, BSN

### INSTRUCTORS

Emily Bavasi, DNP, CNM, ARNP

Tatiana Chernih, MSN, RN

Sarah Christensen, DNP, CPN

Heidi Dennistoun, MSN, RNC-OB

Shoshana Dickerson, DNP, RN

Katelyn Guzman, DNP, RN

### SIMULATION COORDINATOR

Mary Schafer, MSN, RN, CHSE

### ADJUNCT FACULTY

Junghee Amaral, MSN, RN, CPN CLC

Suzanne Astley, MSN, ARNP

Anne Balentine, DNP, RN

Zachary Brochu, MSN, RN-BC

Erin Brown, FNP-C, MBA

Susan Geiduschek, DNP, RN, NEA-BC

Katherine McCusker, MSN, ARNP

Tamara Morgan, MSN, FNP-BC

Ann Mosbacher, MSN, NP-C

Laawna Murchison, MN-E, RNC-NIC

Lily Pang, MSN, ARNP

Maria Pettinato, PhD, RN

Zhijie Qui, DNP, FNP-BC

Connie Rhie, DNP, AGPCNP

Christa Ross, MSN, ARNP

Marina Shabazz, MSN, RN, CPN

Anna Shanks, MN, ARNP, PMHCNS-BC

Megan Stevens, DNP, RN-BC

Robert Swan, MSN, ARNP

Janine Torres, MSN, PMHNP

Carolyn Webster, MSN, ARNP

Samantha Zinhofsky, MSN, RN

## STAFF APPOINTMENTS

### PROMOTIONS

Joey Salazar, *Operations Coordinator Clinical Performance Lab*

### NEW HIRES

Emma Adkins, *Graduate Program Coordinator*

Alexandra Fanella, *Clinical Placement Coordinator*

Maiya Mosteller, *Undergraduate Program Coordinator*

Kaylee Allen Patredis, *Executive Coordinator to the Dean*

Tami Soderberg, *Nursing Clinical Onboarding Coordinator*

## LEADERSHIP APPOINTMENTS

### ALUMNI

Sofia Aragon, BSN '97, JD, RN, Elected Mayor, City of Burien, WA, 2022-present.

### FACULTY

**Alexis Koutlas**, DNP, Member, ANA Innovation Advisory Committee to Align ANA Innovation Strategy with Health Care Ecosystem Trends.

**Alexis Koutlas**, DNP, Member, NeighborCare Health Foundation Board.

**Yuting Lin**, PhD, RN, Appointment, The Professional Nursing and Health Care Council (PNHCC), Washington State Nurses Association, 2021-2023.

**Yuting Lin**, PhD, RN, Vice President, Pacific Northwest Chinese Nurse Association, 2021-2023.

**Robin Narruhn**, PhD, RN, Interim Health Care Member, King County Board of Health, 2022.

**Gayle Robinson**, PhD, RN, Treasurer, Mary Mahoney Professional Nursing Organization, 2022.

**Gayle Robinson**, PhD, RN, Mentor for Nursing Students and Project Lead for Reprinting of African American Nurses in Seattle: Struggle for Opportunities and Success by Lois Price Spratlen (2011), Mary Mahoney Professional Nursing Organization, 2022.

**Gayle Robinson**, PhD, RN, Mary Mahoney Professional Nursing Organization COVID Clinic with Center of Multicultural Health, Southeast Senior Center, and City of Seattle, December 2021-March 2022.

**Gayle Robinson**, PhD, RN, Chronic Disease Self-Management Certified Leader Training, June 2022-September 2022.

**Gayle Robinson**, PhD, RN, African American Reach and Teach Health Ministry (AARTH), Seattle, WA, 2021-2022.

**Gayle Robinson**, PhD, RN, Health and Wellness Consultant, Sister in Common, Seattle, WA, 2021-2022.

**Mo-Kyung Sin**, PhD, RN, FGSA, Elected Chair, The Gerontological Society of America Health Science Section, 2021-2022.

**Diane Fuller Switzer**, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, Item Reviewer, Emergency Nurse Practitioner Certification Test Bank, American Academy of Nurse Practitioners Certification Board, 2021-2022.

**Diane Fuller Switzer**, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP, Item Writer, Emergency Nurse Practitioner Certification Exam, American Academy of Nurse Practitioners Certification Board and Family Nurse Practitioner Certification Exam, American Nurses Credentialing Center, 2021-2022.

## AWARDS

### ALUMNI

**Sofia Aragon**, BSN '97, JD, RN, Washington State Nurses Association Hall of Fame Inductee, 2022.

**Josh Wymer**, BSN '07, CNOR, CSSM, CPHIMS, RN-BC, NEA-BC, Federal 100 and Government Hall of Fame, April 2022.

### FACULTY

**Maria Pettinato**, PhD, RN, Most Inspirational Faculty, Seattle University College of Nursing, June 2022.

**Alic G. Shook**, PhD, RN, Most Inspirational Faculty, Seattle University College of Nursing, August 2002.

**Mo-Kyung Sin**, PhD, RN, FGSA, Persistent Prosper Award, Faculty Scholarship Day, Seattle University Office of Sponsored Projects, 2022.

**Mo-Kyung Sin**, PhD, RN, FGSA, Outstanding Alumna, the Edmond J. Safra Visiting Nurse Faculty Program, Parkinson's Foundation, 2021.

**Kristen M. Swanson**, PhD, RN, FAAN, 2022 Lifetime Achievement Award from University of Colorado (CU) College of Nursing Alumni Association, June 2022.

Continued on page 15



## JOSH WYMER, BSN '07

### FEDERAL 100 AWARD WINNER

Seattle University College of Nursing alumnus, Josh Wymer, '07, was among the winners of Federal 100 and Government Hall of Fame awards in 2022. The event honored current and former government officials who have made historic achievements and advances across government.

Wymer was recognized for his key leadership and coordination role in the highly complex deployment of the Military Health System's (MHS) new



electronic health record solution. Wymer helped make the largest MHS Genesis deployment wave so far one of the smoothest and safest, without a single patient safety event during the go-live period. In addition, his push to prioritize training resulted in more than 17,000 hours in saved staff time and a speedy transition to the normal pace of clinical operations after the transition to the new system.

## MIRETTE AZIZ

### SEATTLE U ALUMNA, APPOINTED AS DIRECTOR FOR DIAGNOSTIC ULTRASOUND

This fall, Mirette Aziz, MBA, RDCS, RDMS was appointed as Director of the Bachelor of Science in Diagnostic Ultrasound (DIUS) program at Seattle University College of Nursing.

Aziz, an alumna of the DIUS program, returned to SU in 2019 as a faculty member and clinical coordinator for the program. She said, as an alum of the program "I have a lot of motivation in growing its success and look forward to being able to serve the program in a bigger capacity to graduate the best future sonographers to join the ultrasound community."

Originally born in Cairo, Egypt, Aziz, and her family, migrated to the U.S. when she was 11 years old with "around 3 English words in my dictionary," she said, and after arriving learned the "bulk of my English from watching cartoons."

"Being raised in a family of physicians of multiple specialties," Aziz said, she decided to pursue a career as a sonographer, because "I've always been drawn to the medical imaging aspect of health care. I started pursuing volunteer opportunities in the field and part-time positions in medical

transcription while in high school, which solidified my passion for pursuing this career. I especially enjoy that sonography allows me to be in the front-line of solving a piece of the puzzle for my patients."

When asked what her favorite part of teaching in the DIUS program has been since returning, Aziz said, "I really enjoy mentoring and watching the students' growth and preparing them for their first step out into the real world."

In her free time, Aziz says she loves "anything hands-on, like gardening, furniture remodeling, and performing hair and skin care on volunteers in my circle of family and friends. I love to spend any remaining free time with my family doing DIY projects."

The program offers a Bachelor of Science in Diagnostic Ultrasound and Post-Baccalaureate Certificate in Diagnostic Ultrasound with three curriculum tracks in General, Vascular, and Cardiac sonography.

## STUDENTS

**Jaymark Abendanio**, BSN '22, Undergraduate Student Shine Award, Collegia Advisor for Student Success and Outreach, Office Assistant for Office of Multicultural Affairs, Seattle University, June 2022.

**Jana Banjanin**, DNP '22, JoAnn McFadden Graduate Student Award, Seattle University College of Nursing, June 2022.

**Viktoria Buina**, BS DIUS '22, Academic Achievement Award, Seattle University College of Nursing, August 2022.

**Erin Camemo**, BS DIUS '22, Cohort Leadership and Service Award, Seattle University College of Nursing, August 2022.

**Solrun Heuschert**, BSN '22, Sister Mary Ruth Niehoff Award, Seattle University College of Nursing, August 2002.

**Josephine Ong**, BS DIUS '22, Most Improved Award, Seattle University College of Nursing, August 2022.

**Christina Pennella**, BSN '22, Sister Mary Ruth Niehoff Award, Seattle University College of Nursing, June 2022.

**Evan Tribelhorn**, BSN '22, The Spirit of the College of Nursing Award, Seattle University College of Nursing, June 2022.

**Bethany Grace Van Baak**, BSN '22, Provost's Award, Seattle University, June 2022.

**Matthew Wald**, BSN '22, Nursing Service Award, Seattle University College of Nursing, June 2022.

**Gabriela Willet**, BSN '22, Nursing Service Award, Seattle University College of Nursing, August 2002.

# PRATISTHA KHAREL

## ROSEMARY FORD FUTURE OF ONCOLOGY NURSING SCHOLARSHIP RECIPIENT

Pratistha Kharel, a junior in the Bachelor of Science in Nursing program at Seattle University, was among the 2022 recipients of the Rosemary Ford Future of Oncology Nursing Scholarship awarded by the Seattle Cancer Care Alliance (SCCA).

Kharel and her family came to the United States from Nepal where they experienced political instability and poverty living in one small household. A turning point in her life involved the failure of local spiritual shamanist practices to cure the illness of her uncle who lived in the same household. Her uncle's untimely passing from gallbladder cancer within three days of diagnosis was as shocking as it was life changing for her. It made her decide to pursue a career in health care to prevent similar situations from happening to others in her family and beyond.

"SU's mission to improve health care for greater equality and an ethical society aligns with my life purpose and makes it the ideal school for me," said Kharel. She demonstrates her commitment to caring for vulnerable and underserved people as a personal care worker for elderly at a local long-term and as a volunteer at other long-term facilities interacting with residents who speak Hindi and Nepali languages, which she speaks fluently in addition to English. Kharel took time to share more about her life experiences and goals.

### **Tell us a little about yourself and your experiences.**

I am a first-generation student from a rural village in Nepal who immigrated to the U.S. at the age of 13. I grew up in a multi-generational family where I cared for my aging grandparents and younger cousins while my parents worked. In my village, modern health care was a luxury rather than a necessity due to limited access, illiteracy, and expense.

Attending school in the U.S. was an opportunity I especially appreciated, since not all girls had the chance to finish high



school or hold jobs in Nepal. This experience shaped my perspective. It made me want to learn everything as best I could and, as soon as I turned 16, I got my first paying job.

My unpaid work, as a new immigrant with parents experiencing a language barrier, included caring for my younger sibling, preparing meals while my parents worked, and translating my homework into English before completing my assignments late into the evening. These challenges made me the person I am today, confident and capable of overcoming any obstacle that comes my way.

### **What drew you to pursue your BSN at SU?**

SU's mission to improve health care for greater equality and an ethical society aligns with my life purpose and makes it the ideal school for me. The Clinical Performance Lab, with its life-like, high fidelity mannequins, offers excellent preparation. Additionally, the small class size in the cohort group provides students with a more personal learning experience and opportunities for collaboration. SU's outstanding program will enable me to treat future immigrant families in a community health clinic and empower them to advocate for their health care rights.

### **What are your plans/career goals after you graduate?**

In the future, after earning my BSN degree and gaining valuable clinical experience, I intend to return to Nepal and open primary health care clinics in remote areas to expand access to modern health care, annual check-ups, and cancer screening and care. I also intend to give back to my community by working in a public health clinic to benefit underserved populations and empower women to have control over their own health. As our population becomes increasingly more diverse, my intercultural knowledge will benefit the patients I serve in my community. I hope to become a mentor to other first-generation women of color to lift them up and encourage their success.

---

**“Pratistha had to overcome many hardships in life to be where she is today. I value her determination to become an oncology nurse and to subsequently use this knowledge to improve health and health care of people in a global context.”**

- Dr. Danuta Wojnar, Associate Dean for Undergraduate Programs at SU College of Nursing

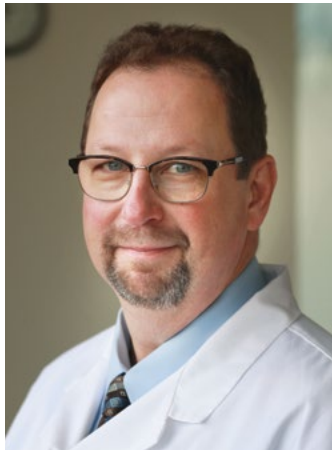
---

# DR. BENJAMIN J. MILLER

## APPOINTED TO THE DR. LESTER AND MARY ANN SAUVAGE ENDOWED PROFESSORSHIP

Benjamin J. Miller, PhD, APRN, FNP-C, ACNPC, ENP-C, FAANP was appointed to the Dr. Lester and Mary Ann Sauvage Endowed Professorship. Dr. Miller is an associate professor at SU where he is the program director of the Adult-Gerontology Acute Care Nurse Practitioner (AG-ACNP) program.

Dr. Miller is an innovative teacher who founded the successful Adult-Gerontology Acute Care Nurse Practitioner (AG-ACNP) program which accepts both Family and Adult-Gerontology primary care nurse



NP students in his Montana practice where he works in a rural critical care access hospital that provides care to a Native American population. Moreover, his strong connections to the community have enabled students from the Nurse-Midwifery and Family Nurse Practitioner programs to have access to rural placements.

Dr. Miller is certified as an FNP, AG-ACNP, and an Emergency NP. He currently serves as President of the Puget Sound Nurse Practitioner Association and the SU chapter of

**“Dr. Miller is most deserving of this professorship with his broad focus on preparation of nurse practitioners in primary, chronic, and acute care. He is a leader in the CON who actively seeks ways to improve programs, governance, and optimize utilization of simulation and interprofessional learning experiences.”**

– Dean Kristen Swanson

practitioner students who seek to ‘skill-up’, expand their knowledge of the management of acutely ill individuals, and obtain certification as an AG-ACNP. The program also accepts APNI (Advanced Practice Nursing Immersion) and BSN prepared nurses who seek their Doctor of Nursing Practice degree. The AG-ACNP specialty coursework is offered in an executive format which has made it very accessible for working students.

In his role at SU, Dr. Miller has been a trusted mentor and advisor to many graduate students. In 2020, he provided advising for over 107 students in the Family Nurse Practitioner (FNP) and AG-ACNP programs. He has also developed a comprehensive Objective Structured Clinical Examination (OSCE) program for NP students and helped to develop post-graduate fellowship programs.

As a highly accomplished clinician, Dr. Miller precepts

Sigma Theta Tau. He has written nine book chapters for Banasik’s well-regarded textbook entitled, Pathophysiology (7th Edition). As principal investigator or co-investigator, he has received funding in amounts ranging from \$500 to \$450,000 for 14 different projects with the majority focused on training and clinical improvements. In June 2020, he was inducted as a Fellow of the American Association of Nurse Practitioners (FAANP).

The Dr. Lester and Mary Ann Sauvage Endowed Professorship was originally endowed as the Hope Heart Institute Endowed Professorship in Cardiovascular Nursing. On November 18, 2015, the Professorship was renamed in honor of Dr. and Mrs. Sauvage, and the agreement was amended and broadened to focus on wellness, disease prevention, and health promotion to help individuals maintain heart health and reduce their risk for cardiac disease.





**EDUCATING AND INSPIRING  
LEADERS TO TRANSFORM  
HEALTH CARE FOR A JUST  
AND HUMANE WORLD.**

**SEATTLEU**  
COLLEGE OF NURSING

901 12th Ave | P.O. Box 222000 | Seattle, WA 98122 | (206) 296-5660 | nurse@seattleu.edu | seattleu.edu/nursing



Seattle University College of Nursing



@SeattleU\_Nurse



@SeattleUNursing



@seattleucon