

**SEATTLEU**

# "Family Connections"

By Parent & Family Engagement Office • Sep 25, 2023

Welcome to "**Family Connections**", our Seattle U family e-newsletter. We know how important parents and families are to our students' success. Our goal is to keep you updated on campus happenings and share information pertinent to parenting a college student.



## Family Weekend 2023



**Family Weekend** will take place October 20-22, 2023. We hope you will join us on campus then. <https://sufamilyweekend2023.eventbrite.com>

Pre-registration required. There is no on-site registration.

## Fall Learning Assistance Programs workshops

LEARNING ASSISTANCE PROGRAMS PRESENTS

# upcoming workshops

Join us for our upcoming Learning Strategy Workshops!

- CONFRONTING PROCRASTINATION & SHOWING UP FOR YOURSELF**  
THURS, OCT 5. 3-4PM. LEML369
- DEALING WITH INTERPERSONAL CONFLICT**  
THURS, OCTOBER 12. 12:30-1:30PM. LEML366
- ADHD-FRIENDLY TIME MANAGEMENT STRATEGIES**  
TUES, OCT 24. 3-4PM. LEML366
- APPLICATION WRITING: TIPS & TRICKS!**  
THURS, NOV 9, 12:30-1:30PM. LEML366
- PREPARING FOR FINALS DATE & LOCATION TBD**

questions? email [mendoza30@seattleu.edu](mailto:mendoza30@seattleu.edu)

Encourage your student to get ahead of the game by participating in these helpful workshops sponsored by [Learning Assistance Programs](#).

The best students use these resources to improve their academic performance.

## New Student Retreat

# New Student Retreat

FOR FIRST-YEAR STUDENTS

**NOV. 3-5, 2023 @ GWINWOOD**  
**REGISTRATION OPEN SEPTEMBER 14!**

For more information and to register visit [Campus Ministry on ConnectSU](#)

[visit.seattleu.edu/campus-ministry](http://visit.seattleu.edu/campus-ministry)      [contact.hamillstevi@seattleu.edu](mailto:hamillstevi@seattleu.edu)

Encourage your student to attend the New Student Retreat. The retreat is open to all first-year students who are looking to build community, reflect on their hopes for their journey at SU, and have fun! Located at Gwinwood Retreat Center, a beautiful lakeside space in Lacey, WA, NSR gives students a chance to connect with one another, hear talks from their fellow students, share in small groups, and relax off-campus! Registration is open beginning September 14 and ends October 22, 2023 on [Campus Ministry's ConnectSU portal](#). The retreat fee is \$30. Full scholarships are available. Questions? Contact Campus Minister for Retreats, Stevi Hamill ([hamillstevi@seattleu.edu](mailto:hamillstevi@seattleu.edu)).

## Student Financial Services News



Check out the [Fall Quarter Newsletter](#) from Student Financial Services.

## Care Packages



Redhawk Dining has care packages you can send your student. Sign up for the [Boost app](#), click the Emerald Plate Catering link and order a welcome package!

## September Questions to ask your Redhawk...

- How are you settling in so far?
- Tell me about your classes.
- Are they what you expected so far?
- How are you meeting people?

## Important links for you...

### THIRD PARTY ACCESS TO STUDENT FINANCIAL INFORMATION:

There are two types of suggested access that students may give to parents or supporters.

**Proxy Access** allows family/supporter to speak to SFS Office about account status, balance, award letter, and required documentation.

**Authorized User Access** allows family/supporter login access view billing and payment information, setup payment plans, see tax documents, and get email notifications about billing invoicing. [Check out our video](#) for step-by-step instructions for how a student can set up Proxy and Authorized User access for family or supporters.

### CAMPUS HAPPENINGS/IMPORTANT DATES

Keep track of important academic dates with the [Academic Calendar](#).

See club events and student activities on [ConnectSU](#).

Check out upcoming [Music, Theatre and Gallery Openings](#).

Show your SU Redhawk Spirit! Info on [Athletic Events](#).

Do you have a topic you would like us to cover? Please let us know at [parents@seattleu.edu](mailto:parents@seattleu.edu).

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