

The Gaffney Endowed Chairs and Indigenous Peoples Institute are delighted to present a spring gathering



# Awakening our Plant Relationships

An Introduction to Regional Plants and Indigenous Teachings

**Student Center 160**

**Tuesday, April 26th**

All are welcome without charge

12:30-4pm

- 12:30      **Welcome – Mariana and Itsa**
- 12:45      **Making Lip Balm or Salve with Azure**
- 1:15        **Garden walk with Elise**
- 2:00        **Making Lip Balm or Salve with Azure**
- 2:30        **Storytelling with Mariana and Itsa**
- 3:30        **Garden Walk with Elise**



**AZURE BOURE'**

Azure Boure' is a member of the Suquamish Tribe where she works as an educator in the Traditional Food & Medicine Program. She teaches within the Tribe and the local community sharing her knowledge. She has a Bachelor's of Science in Native Environmental Science from Northwest Indian College. She is an active member in several Indigenous Foods collectives both nationally and internationally. Gathering traditional foods and plants is a passion of hers and teaching others those skills is what fulfills her.



**MARIANA HARVEY AND ITSA SHASH**

Mariana Harvey is a citizen of the Yakama Nation, an íla (mother) and an artist with a passion for protecting Native foods and medicines and sharing their gifts in community. She worked for 7 years serving Native youth in culturally based leadership development initiatives nationally and regionally. Mariana is a founding development team member of the *Tend, Gather and Grow* curriculum and works at GRuB in Olympia, WA.

Itsa Shash is a Native American storyteller, poet, and musician descended from Indeh (Apache), Mexica (Aztec), and Xicano Indio peoples. Raised in southern Colorado, Itsa now resides in Washington State. He is a strong advocate for health and wellness through healing touch, our mother earth, and cultural wisdom.



**ELISE KROHN**

Elise Krohn, M.Ed. is an educator, author, herbalist, and native foods specialist. She is committed to cultivating healing relationships between people, plants, place and cultural traditions. During her 18 years of experience teaching in tribal communities, she has worked with elders and cultural specialists to create gardens, food sovereignty resources, a program on healing addiction, and curricula on chronic disease prevention. She works at Garden Raised Bounty (GRuB) in Olympia, WA.



If you have questions about the event, contact either Rob Efird (efirdr@seattleu.edu) or Christina Roberts (robertch@seattleu.edu)